

National Prescribing Indicators 2018–2019

Analysis of Prescribing Data to March 2019

Data within Section 8 – Biosimilars (pages 24–30) was amended on 5 August 2019

All Wales Therapeutics
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This report has been prepared by the Welsh Analytical Prescribing Support Unit (WAPSU), part of the All Wales Therapeutics and Toxicology Centre (AWTTC).

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EXECUTIVE SUMMARY

The All Wales Medicines Strategy Group (AWMSG) has endorsed the National Prescribing Indicators (NPIs) as a means of promoting safe and cost-effective prescribing since 2003. NPIs for 2018–2019 include indicators for primary and secondary care, and have been categorised as safety, stewardship or efficiency indicators.

Background information supporting the choice of NPIs is detailed in the document National Prescribing Indicators 2018–2019.

This report contains data relating to the NPIs for the fourth quarter of 2018–2019. Unit of measure and targets for each NPI are included in Appendix 1 and primary care NPI prescribing data for GP clusters is presented in Appendix 2.

SAFETY INDICATORS

For 2018–2019 there are four safety NPIs:

- The Prescribing Safety Indicators in primary care are new for 2018–2019; no targets have been set for these indicators.
- Hypnotics and anxiolytics prescribing (ADQs per 1,000 STAR-PUs) in primary care decreased by 7.61% across Wales, compared with the equivalent quarter of the previous year.
- Analgesics in primary care:
 - Tramadol prescribing (DDDs per 1,000 patients) decreased by 9.42% across Wales, compared with the equivalent quarter of the previous year.
 - Opioid patch prescribing (as a percentage of all opioid prescribing) decreased by 3.12% across Wales, compared with the equivalent quarter of the previous year.
 - Gabapentin and pregabalin prescribing (DDDs per 1,000 patients) increased by 4.89% across Wales, compared with the equivalent quarter of the previous year, despite the aim of the indicator being to reduce prescribing.
- Yellow Card reporting. Annual targets have been set for these indicators, with the aim of increasing the number of Yellow Card reports submitted. Quarter four data demonstrates:
 - o A 7% increase in reporting by GP practices across Wales, compared with the equivalent guarter of the previous year.
 - A 15% increase in secondary care reporting across Wales, compared with the equivalent quarter of the previous year.
 - An 8% increase in reporting by health boards / NHS Trusts across Wales, compared with the equivalent quarter of the previous year.
 - A 20% increase in reporting by members of the public across Wales, compared with the equivalent quarter of the previous year.
 - The figures for Yellow Cards submitted by community pharmacy are also included in the report; however, targets have not been set.

STEWARDSHIP INDICATORS

Stewardship indicators for 2018–2019 focus on antimicrobial prescribing in primary and secondary care, with the aim of reducing inappropriate prescribing and variation in primary care, and encouraging appropriate antimicrobial prophylaxis for colorectal surgical patients in secondary care. Specific targets have been set for these indicators, either at health board or GP practice level:

- Total antibacterial prescribing (items per 1,000 STAR-PUs) in primary care decreased by 9.27%, compared with the equivalent quarter of 2016–2017. All seven health boards achieved the target of a 5% reduction against the baseline of quarter 4 2016–2017.
- 4C (co-amoxiclav, cephalosporins, fluoroquinolones and clindamycin) antimicrobial prescribing in primary care includes two measures which should be considered together:
 - The number of 4C items prescribed per 1,000 patients decreased across Wales by 18.4%, compared with the baseline of quarter 4 2016–2017.
 - The number of 4C items prescribed as a percentage of total antibacterial items decreased across Wales by 10.2%, compared with the baseline of quarter 4 2016–2017.
- The proportion of elective colorectal patients receiving a single dose antimicrobial for surgical prophylaxis in secondary care: three health boards achieved the target of an absolute measure of ≥90%, or a proportional increase of 20%, compared with the equivalent quarter of 2017–2018.

EFFICIENCY INDICATORS

There are three efficiency indicators for 2018–2019, covering primary and secondary care:

- Proton pump inhibitor (PPI) prescribing (DDDs per 1,000 PUs) in primary care, which aims to encourage appropriate use of PPIs, decreased by 2.20% across Wales, compared with the equivalent quarter of the previous year, in line with the aim of the NPI.
- Long-acting insulin analogue prescribing as a percentage of total long- and intermediate-acting insulin decreased in both secondary and primary care compared with the equivalent quarter of the previous year, in line with the aim of the NPI.
- There was an increase in the overall use of the five biosimilar medicines being monitored (adalimumab, infliximab, etanercept, rituximab and trastuzumab) compared with the equivalent quarter of the previous year, in line with the aim of the NPI.

The 2019–2020 NPI report for quarter ending June 2019 will be available on 25th October 2019.



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CONTENTS

| HEALTH BOARDS/PRACTICES ACHIEVING INDICATOR TARGETS/THRESHOLDS | 5 |
|--|----|
| SAFETY INDICATORS | 7 |
| 1.0 PRESCRIBING SAFETY INDICATORS | 7 |
| 2.0 HYPNOTICS AND ANXIOLYTICS | 9 |
| 3.0 ANALGESICS | 10 |
| 3.1 Tramadol | |
| 3.2 Opioid patches | 11 |
| 3.3 Gabapentin and pregabalin | 12 |
| 4.0 YELLOW CARD REPORTING | 13 |
| STEWARDSHIP INDICATORS | 16 |
| 5.0 ANTIMICROBIAL STEWARDSHIP | 16 |
| 5.1 Total antibacterial items | 16 |
| 5.2 4C antimicrobials | 17 |
| 5.3 Prophylaxis in colorectal surgery | 19 |
| EFFICIENCY INDICATORS | 20 |
| 6.0 PROTON PUMP INHIBITORS | 20 |
| 7.0 INSULIN | 21 |
| 8.0 BIOSIMILARS | 24 |

| 8.1 Infliximab | 25 |
|--|----|
| 8.2 Etanercept | 26 |
| 8.3 Rituximab | 27 |
| 8.4 Trastuzumab | 28 |
| 8.5 Adalimumab | 29 |
| 8.6 Total biosimilar usage | 30 |
| CAUTION WITH INTERPRETING NPI MONITORING DATA | 31 |
| GLOSSARY | 32 |
| APPENDIX 1. AWMSG NATIONAL PRESCRIBING INDICATORS 2018–2019 | 33 |
| APPENDIX 2. PRIMARY CARE NPI PRESCRIBING BY GP CLUSTER | 35 |
| APPENDIX 3. POSITION OF WELSH HEALTH BOARDS AGAINST CCGS IN ENGLAND AND NE ENGLAND | 43 |

HEALTH BOARDS/PRACTICES ACHIEVING INDICATOR TARGETS/THRESHOLDS

The table below shows the extent to which practices in each health board met the target or indicator thresholds:

- The figure in the cell is the number of practices in each health board meeting the target or indicator threshold.
- The percentage figure and cell colour represent the proportion of practices in each health board meeting the target or indicator threshold.

The targets for antibacterial items per 1,000 STAR-PUs and prophylactic antibiotics in colorectal surgery are by health board, therefore a tick demonstrates achievement.

| Indicator Description | Abertawe Bro Morgannwg UHB | Aneurin Bevan UHB | Betsi Cadwaladr UHB | Cardiff And Vale UHB | Cwm Taf UHB | Hywel Dda UHB | Powys Teaching HB |
|---|-------------------------------|-------------------|---------------------|----------------------|-------------|---------------|-------------------|
| Hypnotics and anxiolytics ADQs per 1,000 | 15 | 24 | 27 | 38 | 9 | 10 | 9 |
| STAR-PUs | 23% | 30% | 26% | 60% | 23% | 20% | 53% |
| Tramadol DDDs per 1,000 patients | 13 | 30 | 37 | 34 | 4 | 19 | 9 |
| | 20% | 38% | 35% | 54% | 10% | 37% | 53% |
| Opioid patch items as percentage of all | 45 | 12 | 36 | 27 | 4 | 5 | 1 |
| opioid prescribing | 68% | 15% | 34% | 43% | 10% | 10% | 6% |
| Gabapentin and pregabalin DDDs per 1,000 patients | 7 | 6 | 26 | 34 | 1 | 15 | 7 |
| | 11% | 8% | 25% | 54% | 3% | 29% | 41% |
| Antibacterial items per 1,000 STAR-PUs | ~ | ✓ | ~ | ~ | ✓ | ~ | ~ |
| 4C antibacterials items per 1,000 patients | 37 | 63 | 70 | 39 | 21 | 31 | 7 |
| | 56% | 80% | 67% | 62% | 53% | 61% | 41% |
| 4C antibacterial items as a percentage of all | 43 | 71 | 62 | 44 | 19 | 31 | 8 |
| antimicrobials | 65% | 90% | 59% | 70% | 48% | 61% | 47% |
| Proportion of elective colorectal patients receiving a single dose antimicrobial for surgical prophylaxis | ~ | × | × | × | ~ | ~ | |
| Proton pump inhibitors DDDs per 1,000 PUs | 17 | 23 | 39 | 38 | 9 | 19 | 3 |
| | 26% | 29% | 37% | 60% | 23% | 37% | 18% |
| Percentage of practices meeting | ng threshold | 100% | | | | | |

Health boards/practices achieving the indicator targets/thresholds – Quarter ending March 2019

Health boards/practices achieving the Yellow Card indicator targets – Full year 2018–2019

| Yellow Card Indicator | Abertawe Bro Morgannwg UHB | Aneurin Bevan UHB | Betsi Cadwaladr UHB | Cardiff And Vale UHB | Cwm Taf UHB | Hywel Dda UHB | Powys Teaching HB | Velindre NHS Trust |
|------------------------|-------------------------------|-------------------|---------------------|----------------------|-------------|---------------|-------------------|--------------------|
| GP practices | 37 54% | 21 27% | 71 66% | 29 46% | 13 32% | 41 80% | 1 6% | |
| Secondary care | × | ~ | × | × | × | × | × | ~ |
| Health board/NHS Trust | ~ | ~ | ~ | ~ | ~ | ~ | × | |
| Members of the public | × | × | × | × | × | ~ | ~ | |

The targets for secondary care, health board/NHS Trust and members of the public are by health board, therefore a tick demonstrates achievement.

Percentage of practices meeting threshold

100%

0%

National Prescribing Indicators 2018–2019. Analysis of Prescribing Data to March 2019

SAFETY INDICATORS

1.0 PRESCRIBING SAFETY INDICATORS

Purpose: To identify patients at high risk of adverse drug reactions (ADRs) and medicines-related harm in primary care.

Units of measure:

- 1. Number of patients with a peptic ulcer who have been prescribed NSAIDs without a PPI, as a percentage of all patients.
- 2. Number of patients with asthma who have been prescribed a betablocker, as a percentage of all patients.
- 3. Number of patients with concurrent prescriptions of verapamil and a beta-blocker, as a percentage of all patients.
- 4. Number of female patients with a past medical history of venous or arterial thrombosis who have been prescribed combined hormonal contraceptives, as a percentage of all female patients.
- 5. Number of female patients with a current prescription of oestrogenonly hormone replacement therapy without any hysterectomy READ/SNOMED codes, as a percentage of all female patients.
- 6. Number of patients with concurrent prescriptions of warfarin and an oral NSAID, as a percentage of all patients.
- 7. Number of patients under 12 with a current prescription of aspirin, as a percentage of all patients.
- 8. Number of patients aged 65 years or over prescribed an NSAID plus aspirin and/or clopidogrel but without gastroprotection (PPI or H₂ receptor antagonist), as a percentage of all patients aged 65 years or over.
- 9. Number of patients aged 65 years or over prescribed an antipsychotic, as a percentage of all patients aged 65 years or over.
- 10. Number of patients aged 75 and over with an Anticholinergic Effect on Cognition (AEC) score of 3 or more for items on active repeat, as a percentage of all patients aged 75 and over.
- 11. Number of patients on the CKD register (CKD stage 3–5) who have received a repeat prescription for an NSAID within the last 3 months, as a percentage of all patients on the CKD register.
- 12. Number of patients who are not on the CKD register but have an eGFR of < 59 ml/min and have received a repeat prescription for an NSAID within the last 3 months, as a percentage of all patients who are not on the CKD register but have an eGFR of < 59 ml/min.

Aim: To review patients identified as being at high risk of ADRs and reduce inappropriate prescribing.

In the UK, it is estimated that around 6.5% of hospital admissions are related to adverse drug reactions (ADRs). ADRs can often be predictable, making it possible to identify potential causes and address them before actual patient harm occurs. This new NPI for 2018–2019 provides a process of identifying patients electronically, enabling intervention and helping to avoid patient harm.

No target has been set for this NPI; however, data can provide a baseline for future quarters.

Table 1. Prescribing Safety Indicators 2018–2019

| Indicator Description | Abertawe Morgannw | Aneurin E UHB | etsi Cadwala UHB | dr Cardiff and Vale UHB | Cwm Taf UHB | Hywel Dda UHB | Powys Teaching HB |
|---|----------------------|------------------|---------------------|----------------------------|-------------|---------------|----------------------|
| 0.02 01) Number of patients with a peptic ulcer who have been prescribed NSAIDs without a PPI, as a percentage of all patients 0.00 | | | | | | | |
| 02) Number of patients with asthma who have been prescribed a beta-blocker, as a percentage of all patients 0.2 | | | | | | | |
| 03) Number of patients with concurrent prescriptions of verapamil and a beta-blocker, as a percentage of all patients 0.002 0.002 | | | | | | | |
| 04) Number of female patients with a past medical history of venous or arterial thrombosis who have been prescribed combined hormonal contraceptives, as a percentage of all female patients | | | | | | | |
| 05) Number of female patients with a current prescription of oestrogen-only hormone replacement therapy without any hysterectomy READ/SNOMED codes, as a percentage of all female patients 0.3 0.1 0.3 | | | | | | | |
| 06) Number of patients with concurrent prescriptions of warfarin and an oral NSAID, as a percentage of all patients | | | | | | | |
| 07) Number of patients under 12 with a current prescription of aspirin, as a percentage of all patients 0.000 | | | | | | | |
| 08) Number of patients aged 65 years or over prescribed an NSAID plus aspirin and/or clopidogrel but without gastroprotection (PPI or H2 receptor antagonist), as a percentage of all patients aged 65 years or over 0.2 | | | | | | | |
| 09) Number of patients aged 65 years or over prescribed an antipsychotic, as a percentage of all patients aged 65 years or over | | | | | | | |
| 10) Number of patients aged 75 and over with an Anticholinergic Effect on Cognition (AEC) score of 3 or more for items on active repeat, as a percentage of all patients aged 75 and over | - | | | | | | |
| 11) Number of patients on the CKD register (CKD stage 3–5) who have 8 2 received a repeat prescription for an NSAID within the last 3 months, as a 8 2 percentage of all patients on the CKD register 1 1 | | | | | | | |
| 12) Number of patients who are not on the CKD register but have an eGFR of < 59 ml/min and have received a repeat prescription for an NSAID within the last 3 months, as a percentage of all patients who are not on the CKD register but have an eGFR of < 59 ml/min 1 | | | | | | | |

National Prescribing Indicators 2018–2019. Analysis of Prescribing Data to March 2019

2.0 HYPNOTICS AND ANXIOLYTICS

Purpose: To encourage a reduction in the inappropriate prescribing of hypnotics and anxiolytics in primary care.

Unit of measure: Hypnotic and anxiolytic ADQs per 1,000 STAR-PUs.

Aim: To reduce prescribing

There has been ongoing concern with regard to the high level of hypnotic and anxiolytic prescribing in NHS Wales. Some prescribing may be inappropriate and contribute to the problem of physical and psychological dependence, and/or may be responsible for masking underlying depression.

- Across Wales, the prescribing of hypnotics and anxiolytics decreased by 7.61% for the quarter ending March 2019 compared with the equivalent quarter of the previous year, in line with the aim of this indicator.
- For the quarter ending March 2019, hypnotic and anxiolytic prescribing ranged from 1,810 to 3,290 ADQs per 1,000 STAR-PUs across the health boards.
- The health board with the lowest prescribing was Cardiff and Vale UHB, whilst the highest prescribing was seen in Cwm Taf UHB.
- Hypnotic and anxiolytic prescribing decreased compared with the equivalent quarter of the previous year in all of the health boards.
- The largest percentage decrease was seen in Cardiff and Vale UHB, and the smallest percentage decrease was seen in Cwm Taf UHB.

Table 2. Hypnotic and anxiolytic ADQs per 1,000 STAR-PUs

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cardiff and Vale | 1,988 | 1,810 | -8.97% |
| Hywel Dda | 3,104 | 2,828 | -8.90% |
| Aneurin Bevan | 2,909 | 2,652 | -8.85% |
| Powys | 2,133 | 1,945 | -8.84% |
| Betsi Cadwaladr | 3,100 | 2,874 | -7.28% |
| Abertawe Bro Morgannwg | 3,106 | 2,919 | -6.01% |
| Cwm Taf | 3,488 | 3,290 | -5.68% |
| Wales | 2,901 | 2,681 | -7.61% |

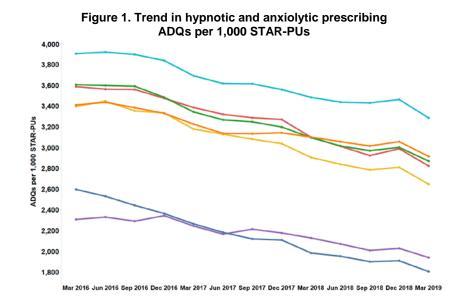
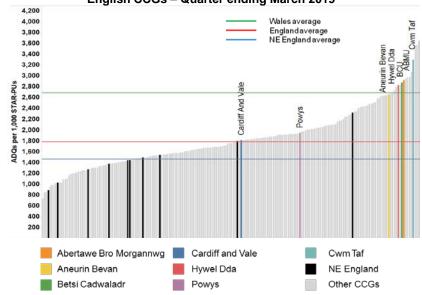


Figure 2. Hypnotic and anxiolytic prescribing in Welsh health boards and English CCGs – Quarter ending March 2019



3.0 ANALGESICS

There are three NPIs monitoring the usage of medicines used for the treatment of pain for 2018–2019:

- 1. Tramadol
- 2. Opioid patches
- 3. Gabapentin and pregabalin

3.1 Tramadol

Purpose: To encourage the appropriate use and review of tramadol in primary care, minimising the potential dependence, diversion, misuse and ADRs.

Unit of measure: Tramadol DDDs per 1,000 patients.

Aim: To reduce prescribing

Whilst there is a recognised place in pain management for tramadol, there are concerns regarding the risks associated with dependence, diversion, misuse and ADRs. This NPI promotes a prudent approach to prescribing tramadol, taking into account the risks and benefits, and encouraging timely review.

- Across Wales, prescribing of tramadol was 9.42% lower in the quarter ending March 2019, than in the equivalent quarter of the previous year. This is in line with the aim of the indicator.
- For the quarter ending March 2019, tramadol prescribing ranged from 381 to 584 DDDs per 1,000 patients across the health boards.
- The health board with the lowest prescribing was Powys Teaching HB, whilst the highest prescribing was seen in Cwm Taf UHB.
- Tramadol prescribing decreased compared with the equivalent quarter of the previous year in all of the health boards.
- The largest percentage decrease was seen in Cardiff and Vale UHB, and the smallest percentage decrease was seen in Powys Teaching HB.

Table 3. Tramadol DDDs per 1,000 patients

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cardiff and Vale | 527 | 451 | -14.4% |
| Cwm Taf | 657 | 584 | -11.0% |
| Aneurin Bevan | 565 | 507 | -10.3% |
| Hywel Dda | 587 | 538 | -8.50% |
| Betsi Cadwaladr | 591 | 545 | -7.74% |
| Abertawe Bro Morgannwg | 612 | 570 | -6.93% |
| Powys | 400 | 381 | -4.84% |
| Wales | 577 | 523 | -9.42% |

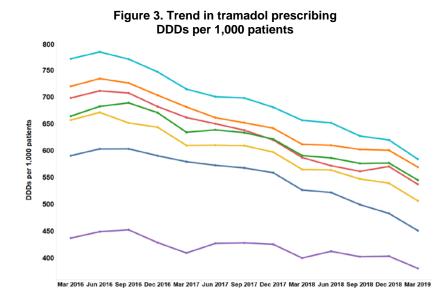
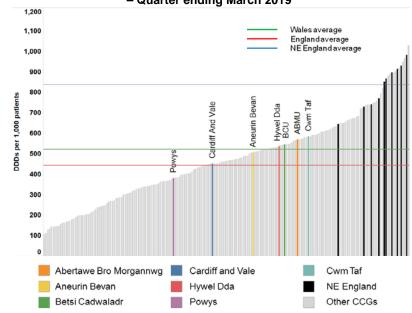


Figure 4. Tramadol prescribing in Welsh health boards and English CCGs – Quarter ending March 2019



3.2 Opioid patches

Purpose: To encourage the appropriate use and review of opioid patches in primary care, minimising the potential for diversion, misuse and ADRs.

Unit of measure: Opioid patch items as a percentage of all opioid prescribing.

Aim: To reduce prescribing

Opioid patches are recommended as a treatment option only where analgesic requirements are stable and where oral opioids are unsuitable. Prescribers should make evidence-based, informed decisions based on the individual needs of the patient. Prescribers should ensure that when an opioid patch is indicated, the patch with the lowest acquisition cost is initiated.

- Across Wales, use of opioid patches as a percentage of all opioid prescribing was 3.12% lower in the quarter ending March 2019 than in the equivalent quarter of the previous year. This is in line with the aim of the indicator.
- For the quarter ending March 2019, the proportion of opioid patch prescribing ranged from 6.67% to 14.4%.
- The health board with the lowest proportion was Abertawe Bro Morgannwg UHB, whilst the highest proportion was seen in Cwm Taf UHB.
- The proportion of opioid patches prescribed decreased compared with the equivalent quarter of the previous year in all of the health boards.
- The largest percentage decrease was seen in Powys Teaching HB, and the smallest percentage decrease was seen in Aneurin Bevan UHB.

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Powys | 13.0 | 12.2 | -6.69% |
| Hywel Dda | 13.0 | 12.4 | -4.95% |
| Cwm Taf | 15.0 | 14.4 | -3.70% |
| Cardiff and Vale | 9.66 | 9.33 | -3.45% |
| Betsi Cadwaladr | 10.5 | 10.2 | -2.80% |
| Abertawe Bro Morgannwg | 6.82 | 6.67 | -2.21% |
| Aneurin Bevan | 10.7 | 10.6 | -0.42% |
| Wales | 10.7 | 10.4 | -3.12% |



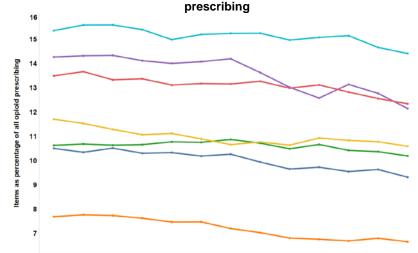
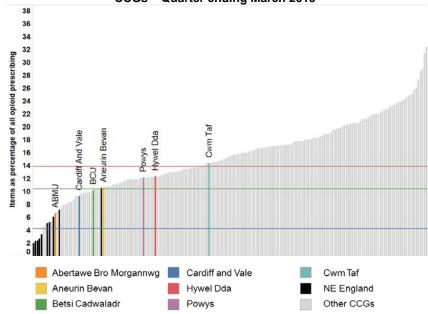


Figure 5. Trend in opioid patch items as a percentage of all opioid

Mar 2016 Jun 2016 Sep 2016 Dec 2016 Mar 2017 Jun 2017 Sep 2017 Dec 2017 Mar 2018 Jun 2018 Sep 2018 Dec 2018 Mar 2019

Figure 6. Opioid patch prescribing in Welsh health boards and English CCGs – Quarter ending March 2019



3.3 Gabapentin and pregabalin

Purpose: To encourage the appropriate use and review of gabapentin and pregabalin, minimising the potential for dependence, diversion, misuse and ADRs.

Unit of measure: Gabapentin and pregabalin DDDs per 1,000 patients.

Aim: To reduce prescribing

Gabapentin and pregabalin have a well-defined role in the management of a number of conditions including epilepsy and neuropathic pain, and pregabalin also has a role in treatment of generalised anxiety disorder. Both gabapentin and pregabalin have known psychiatric side effects and there is a potential risk of dependence, diversion, misuse and ADRs. Prescribers should make evidence-based, informed decisions on whether to prescribe, taking into account the risks and benefits of these medicines.

- Across Wales, for the quarter ending March 2019, prescribing of gabapentin and pregabalin increased by 4.89% compared with the same quarter of the previous year.
- For the quarter ending March 2019, gabapentin and pregabalin prescribing ranged from 1,097 to 2,021 DDDs per 1,000 patients across the health boards.
- The health board with the lowest prescribing was Cardiff and Vale UHB, whilst the highest prescribing was seen in Cwm Taf UHB.
- Gabapentin and pregabalin prescribing increased compared with the equivalent quarter of the previous year in all of the health boards.
- The smallest percentage increase was seen in Powys Teaching HB and the largest percentage increase was seen in Cwm Taf UHB.

Table 5. Gabapentin and pregabalin DDDs per 1,000 patients

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Powys | 1,101 | 1,124 | 2.08% |
| Cardiff and Vale | 1,071 | 1,097 | 2.38% |
| Aneurin Bevan | 1,709 | 1,760 | 2.96% |
| Betsi Cadwaladr | 1,295 | 1,356 | 4.72% |
| Hywel Dda | 1,327 | 1,396 | 5.21% |
| Abertawe Bro Morgannwg | 1,612 | 1,731 | 7.43% |
| Cwm Taf | 1,875 | 2,021 | 7.81% |
| Wales | 1,442 | 1,513 | 4.89% |

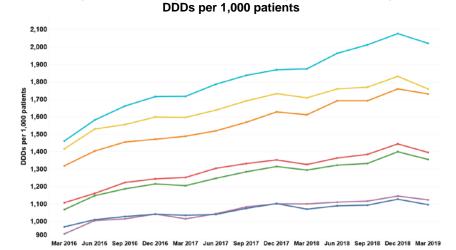
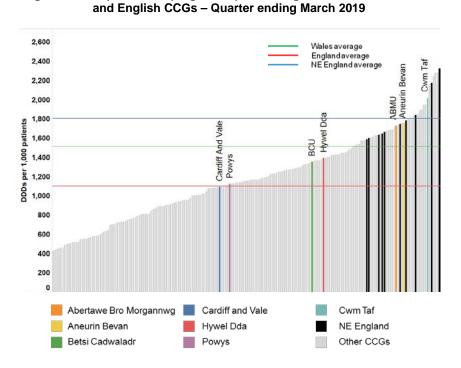


Figure 7. Trend in gabapentin and pregabalin prescribing

Figure 8. Gabapentin and pregabalin prescribing in Welsh health boards



National Prescribing Indicators 2018–2019. Analysis of Prescribing Data to March 2019

4.0 YELLOW CARD REPORTING

Purpose: To encourage an increase in the number of Yellow Cards submitted in Wales.

Unit of measure: Number of Yellow Cards submitted per GP practice, per hospital, per health board and by members of the public.

Number of Yellow Cards submitted by community pharmacies, by health board.

Aim: To increase reporting

The Yellow Card Scheme is vital in helping the Medicines and Healthcare products Regulatory Agency (MHRA) monitor the safety of medicines and vaccines that are on the market.

Yellow Card reporting supports the identification and collation of ADRs, which might not have been known about before.

A strong safety culture requires good reporting of adverse events and critical incidents from across all professions and healthcare settings, as well as from patients.

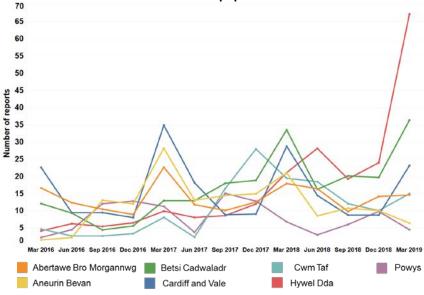
GP practices

- The number of Yellow Cards submitted by GP practices in Wales increased by 7% compared with the equivalent quarter of the previous year.
- The largest percentage increase in GP practice Yellow Card reporting was seen in Hywel Dda UHB. The largest percentage decrease was seen in Aneurin Bevan UHB.

Table 6. Number of Yellow Cards submitted by GP practices

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Hywel Dda | 81 | 259 | 220% |
| Betsi Cadwaladr | 233 | 254 | 9% |
| Abertawe Bro Morgannwg | 95 | 78 | -18% |
| Cardiff and Vale | 141 | 115 | -18% |
| Cwm Taf | 58 | 45 | -22% |
| Powys | 9 | 6 | -33% |
| Aneurin Bevan | 123 | 38 | -69% |
| Wales | 740 | 795 | 7% |

Figure 9. Number of Yellow Cards submitted by GP practices per 100,000 health board population



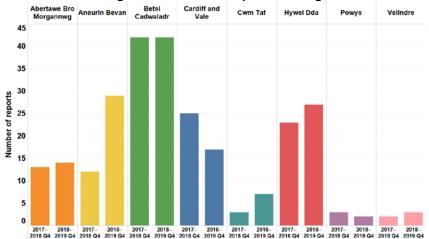
Secondary care

- The number of Yellow Cards submitted by secondary care increased by 15% compared with the equivalent quarter of the previous year.
- The largest percentage increase in secondary care reporting was seen in Aneurin Bevan UHB. The largest percentage decrease was seen in Powys Teaching HB.

Table 7. Number of Yellow Cards submitted by secondary care

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Aneurin Bevan | 12 | 29 | 142% |
| Cwm Taf | 3 | 7 | 133% |
| Velindre | 2 | 3 | 50% |
| Hywel Dda | 23 | 27 | 17% |
| Abertawe Bro Morgannwg | 13 | 14 | 8% |
| Betsi Cadwaladr | 42 | 42 | 0% |
| Cardiff and Vale | 25 | 17 | -32% |
| Powys | 3 | 2 | -33% |
| Wales | 123 | 141 | 15% |

Figure 10. Number of Yellow Cards submitted by secondary care – Quarter ending March 2019 versus quarter ending March 2018



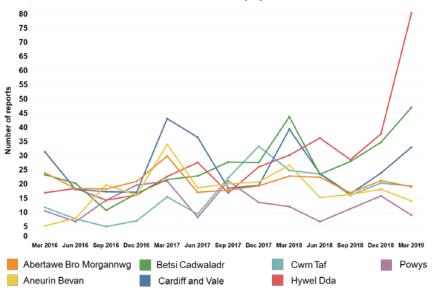
Health boards

- The number of Yellow Cards submitted by health boards increased by 8% compared with the equivalent quarter of the previous year.
- The largest percentage increase in health board reporting was seen in Hywel Dda UHB. The largest percentage decrease was seen in Aneurin Bevan UHB.

Table 8. Number of Yellow Cards submitted by health board/NHS Trust

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Hywel Dda | 116 | 310 | 167% |
| Velindre | 2 | 3 | 50% |
| Betsi Cadwaladr | 304 | 329 | 8% |
| Cardiff and Vale | 191 | 164 | -14% |
| Abertawe Bro Morgannwg | 121 | 102 | -16% |
| Cwm Taf | 74 | 58 | -22% |
| Powys | 16 | 12 | -25% |
| Aneurin Bevan | 156 | 83 | -47% |
| Wales | 980 | 1061 | 8% |

Figure 11. Number of Yellow Cards submitted by health boards per 100,000 health board population



National Prescribing Indicators 2018–2019. Analysis of Prescribing Data to March 2019

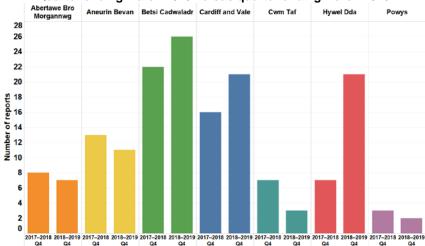
Members of the public

- The number of Yellow Cards submitted by members of the public increased by 20% compared with the equivalent quarter of the previous year.
- The largest percentage increase in member of the public reporting was seen in Hywel Dda UHB. The largest percentage decrease was seen in Cwm Taf UHB.

Table 9. Number of Yellow Cards submitted by members of the public

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Hywel Dda | 7 | 21 | 200% |
| Cardiff and Vale | 16 | 21 | 31% |
| Besti Cadwaladr | 22 | 26 | 18% |
| Abertawe Bro Morgannwg | 8 | 7 | -13% |
| Aneurin Bevan | 13 | 11 | -15% |
| Powys | 3 | 2 | -33% |
| Cwm Taf | 7 | 3 | -57% |
| Wales | 76 | 91 | 20% |

Figure 12. Number of Yellow Cards submitted by members of the public – Quarter ending March 2019 versus guarter ending March 2018



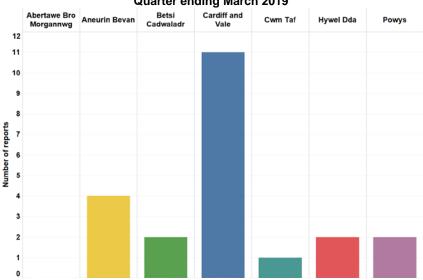
Community pharmacy

- Across Wales, a total of 22 Yellow Card reports were submitted by community pharmacies during the quarter ending March 2019.
- The number of Yellow Card reports submitted by community pharmacies in health boards across Wales ranged from 0 to 11.

Table 10. Number of Yellow Cards submitted by community pharmacies

| | 2018–2019 Qtr 4 |
|------------------------|-----------------|
| Cardiff and Vale | 11 |
| Aneurin Bevan | 4 |
| Betsi Cadwaladr | 2 |
| Hywel Dda | 2 |
| Powys | 2 |
| Cwm Taf | 1 |
| Abertawe Bro Morgannwg | 0 |
| Wales | 22 |

Figure 13. Number of Yellow Cards submitted by community pharmacy – Quarter ending March 2019



STEWARDSHIP INDICATORS

5.0 ANTIMICROBIAL STEWARDSHIP

There are three antimicrobial NPIs for 2018–2019:

- 1. Total antibacterial items per 1,000 STAR-PUs
- 2. 4C antimicrobials (co-amoxiclav, cephalosporins, fluoroquinolones and clindamycin)
- a. Items per 1,000 patients
- b. Items as a percentage of total antibacterial prescribing
- 3. Proportion of elective colorectal patients receiving a single dose antimicrobial for surgical prophylaxis.

5.1 Total antibacterial items

Purpose: To encourage the appropriate prescribing of all antibiotics in primary care.

Unit of measure: Total antibacterial items per 1,000 STAR-PUs.

Aim: To reduce prescribing

- Across Wales, for the quarter ending March 2019, total antibacterial items per 1,000 STAR-PUs reduced by 9.27%, compared with the quarter ending March 2017. This is in line with the indicator target.
- For the quarter ending March 2019, the total number of antibacterial items per 1,000 STAR-PUs ranged from 261 to 343 across the health boards.
- The health board with the lowest prescribing was Powys Teaching HB, whilst the highest prescribing was seen in Cwm Taf UHB.
- For the quarter ending March 2019, all seven health boards achieved the target of a 5% reduction against the baseline of quarter 4 2016–2017.
- Betsi Cadwaladr UHB demonstrated the greatest percentage reduction in prescribing, compared with March quarter 2017.
- Abertawe Bro Morgannwg UHB demonstrated the smallest percentage reduction in prescribing, compared with March quarter 2017.

| | 2016–2017 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|-----------------|-----------------|----------|
| Betsi Cadwaladr | 335 | 292 | -12.9% |
| Cardiff and Vale | 311 | 279 | -10.5% |
| Hywel Dda | 345 | 312 | -9.58% |
| Aneurin Bevan | 339 | 310 | -8.65% |
| Powys | 284 | 261 | -8.31% |
| Cwm Taf | 372 | 343 | -7.75% |
| Abertawe Bro Morgannwg | 348 | 330 | -5.33% |
| Wales | 337 | 306 | -9.27% |

Table 11. Total antibacterial items per 1,000 STAR-PUs

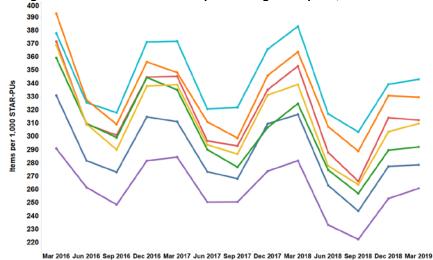


Figure 15. Antibacterial prescribing in Welsh health boards and English CCGs – Quarter ending March 2019

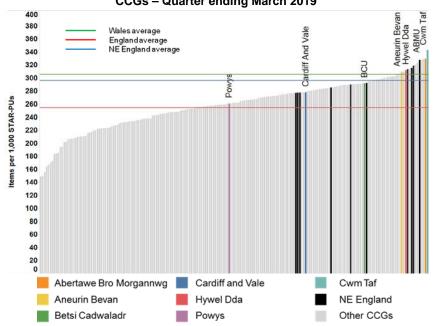


Figure 14. Trend in antibacterial prescribing items per 1,000 STAR-PUs

5.2 4C antimicrobials

Purpose: To encourage a reduction in variation and reduce overall prescribing of the 4C antimicrobials (co-amoxiclav, cephalosporins, fluoroquinolones and clindamycin).

Unit of measure: This antibacterial indicator is monitored using two measures which should be considered together:

- 1. 4C items per 1,000 patients
- 2. 4C items as a percentage of total antibacterial items

Aim: To reduce prescribing

The use of simple generic antibiotics and the avoidance of these broad-spectrum antibiotics preserve them from resistance and reduce the risk of *C. difficile*, MRSA and resistant urinary tract infections.

5.2.1 4C antimicrobial items per 1,000 patients

- Across Wales, for the quarter ending March 2019, the number of 4C antimicrobial items per 1,000 patients decreased by 18.4%, compared with the quarter ending March 2017, in line with the aim of this indicator.
- For the quarter ending March 2019, 4C prescribing ranged from 9.96 to 18.4 items per 1,000 patients across the health boards.
- The health board with the lowest prescribing was Cardiff and Vale UHB, whilst the highest prescribing was seen in Cwm Taf UHB.
- 4C prescribing decreased, compared with quarter ending March 2017, in all seven health boards.
- The largest percentage decrease was seen in Aneurin Bevan UHB.
- The smallest percentage decrease was seen in Powys Teaching HB.

Table 12. 4C antimicrobial items per 1,000 patients

| | 2016–2017 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Aneurin Bevan | 13.4 | 10.1 | -24.4% |
| Betsi Cadwaladr | 17.5 | 13.4 | -23.5% |
| Hywel Dda | 19.7 | 15.7 | -20.4% |
| Abertawe Bro Morgannwg | 18.1 | 15.4 | -15.2% |
| Cwm Taf | 21.1 | 18.4 | -12.6% |
| Cardiff and Vale | 11.2 | 9.96 | -11.0% |
| Powys Teaching | 12.9 | 11.8 | -8.68% |
| Wales | 16.2 | 13.2 | -18.4% |

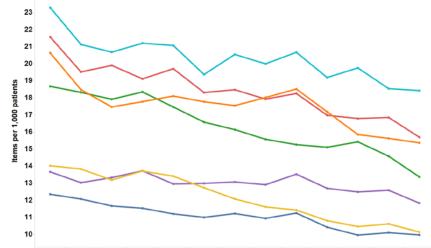
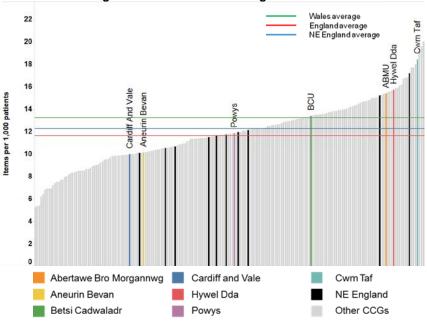


Figure 16. Trend in 4C antimicrobial items per 1,000 patients

Mar 2016 Jun 2016 Sep 2016 Dec 2016 Mar 2017 Jun 2017 Sep 2017 Dec 2017 Mar 2018 Jun 2018 Sep 2018 Dec 2018 Mar 2019

Figure 17. 4C antimicrobial prescribing in Welsh health boards and English CCGs – Quarter ending March 2019

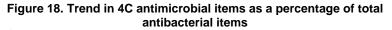


5.2.2 4C antimicrobials as a percentage of total antibacterial items

- Across Wales, for the quarter ending March 2019, the number of 4C antimicrobials as a percentage of total antibacterial items decreased by 10.2%, compared with the quarter ending March 2017, in line with the aim of this indicator.
- For the quarter ending March 2019, the number of 4C antimicrobials as a percentage of total antibacterial items ranged from 5.75% to 9.57% across the health boards.
- The health board with the lowest percentage was Aneurin Bevan UHB, whilst the highest percentage was seen in Cwm Taf UHB.
- For the quarter ending March 2019, the percentage of 4C antimicrobials decreased in all of the health boards, compared with the quarter ending March 2017.
- The health board with the greatest percentage reduction, compared with the quarter ending March 2017, was Aneurin Bevan UHB.
- The health board with the smallest percentage reduction, compared with the quarter ending March 2017, was Cardiff and Vale UHB.

| | 2016–2017 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Aneurin Bevan | 6.97 | 5.75 | -17.5% |
| Betsi Cadwaladr | 8.94 | 7.82 | -12.6% |
| Hywel Dda | 9.68 | 8.47 | -12.5% |
| Abertawe Bro Morgannwg | 9.14 | 8.15 | -10.8% |
| Cwm Taf | 10.1 | 9.57 | -5.05% |
| Powys | 7.56 | 7.50 | -0.78% |
| Cardiff and Vale | 6.63 | 6.62 | -0.25% |
| Wales | 8.44 | 7.57 | -10.2% |

Table 13. 4C antimicrobial items as a percentage of total antibacterial items



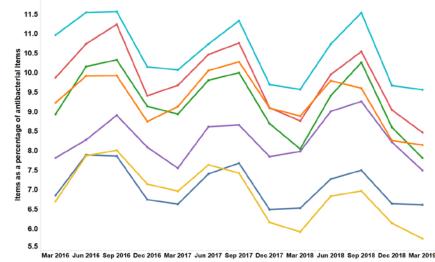
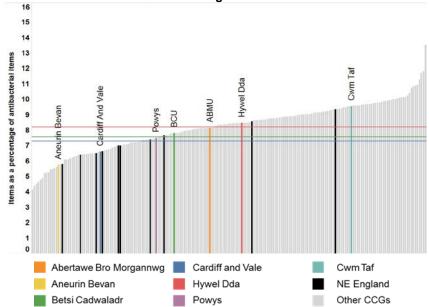


Figure 19. 4C antimicrobial items as a percentage of total antibacterial items in Welsh health boards and English CCGs – Quarter ending March 2019



5.3 Prophylaxis in colorectal surgery

Purpose: To encourage appropriate antimicrobial prophylaxis for colorectal surgical patients in secondary care.

Unit of measure: Proportion of elective colorectal patients receiving a single dose antimicrobial for surgical prophylaxis.

Aim: To increase percentage

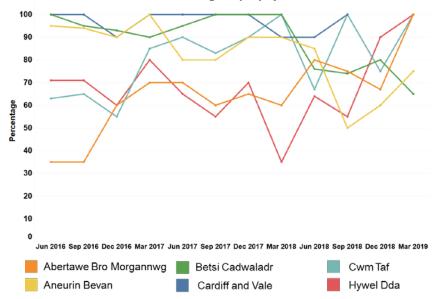
Due to surgical prophylaxis numbers being small and prone to misinterpretation at hospital level, the data are presented at health board level. Hospital level data are available if required.

- Across Wales, there was an 8% increase in the percentage of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis for quarter ending March 2019 compared with the equivalent quarter of the previous year.
- For the quarter ending March 2019, the percentage of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis ranged from 65% to 100% across the health boards.
- The health boards with the highest proportion of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis were Hywel Dda, Abertawe Bro Morgannwg and Cwm Taf UHBs, whilst the lowest was Betsi Cadwaladr UHB.
- Hywel Dda, Abertawe Bro Morgannwg and Cwm Taf UHBs all achieved the target for quarter ending March 2019 (absolute measure of ≥90%, or a proportional increase of 20%, compared with the equivalent quarter of 2017–2018).
- Hywel Dda UHB and Abertawe Bro Morgannwg UHB demonstrated an increase in the proportion of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis, compared with the equivalent quarter of the previous year.
- There was a decrease in the proportion of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis for Aneurin Bevan and Betsi Cadwaladr UHB.
- No data was received for Cardiff and Vale UHB.

Table 14. Percentage of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Hywel Dda | 35 | 100 | 186% |
| Abertawe Bro Morgannwg | 60 | 100 | 67% |
| Cwm Taf | 100 | 100 | 0% |
| Aneurin Bevan | 90 | 75 | -17% |
| Betsi Cadwaladr | 100 | 65 | -35% |
| Cardiff and Vale | 90 | No Data | N/A |
| Wales | 78 | 84 | 8% |

Figure 20. Percentage of patients receiving a single dose antimicrobial for colorectal surgical prophylaxis



EFFICIENCY INDICATORS

6.0 PROTON PUMP INHIBITORS

Purpose: To encourage appropriate use of proton pump inhibitors (PPIs) in primary care.

Unit of measure: PPI DDDs per 1,000 PUs.

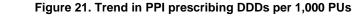
Aim: To reduce prescribing

Although PPIs are generally well tolerated, there is emerging evidence that serious adverse effects may be linked with long-term PPI use. These include fractures of the hip, wrist and spine, *Clostridium difficile* infection, and hypomagnesaemia. Prescribers are therefore encouraged to review and reduce where possible.

- Across Wales, for the quarter ending March 2019, PPI DDDs per 1,000 PUs decreased by 2.20%, compared with the quarter ending March 2018, in line with the aim of this indicator
- For the quarter ending March 2019, PPI usage ranged from 5,990 to 7,093 DDDs per 1,000 PUs across the health boards.
- The health board with the lowest prescribing was Cardiff and Vale UHB whilst the highest prescribing was seen in Cwm Taf UHB.
- Five out of seven health boards demonstrated a reduction in DDDs per 1,000 PUs, compared with the equivalent quarter of the previous year.
- Betsi Cadwaladr UHB demonstrated the largest percentage decrease.
- Cwm Taf UHB and Powys Teaching HB demonstrated percentage increases.

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Betsi Cadwaladr | 6,813 | 6,547 | -3.90% |
| Aneurin Bevan | 7,061 | 6,814 | -3.50% |
| Cardiff and Vale | 6,172 | 5,990 | -2.95% |
| Abertawe Bro Morgannwg | 6,669 | 6,565 | -1.56% |
| Hywel Dda | 6,587 | 6,558 | -0.45% |
| Cwm Taf | 7,083 | 7,093 | 0.14% |
| Powys | 6,816 | 6,951 | 1.97% |
| Wales | 6,736 | 6,588 | -2.20% |

Table 15. PPI DDDs per 1,000 PUs



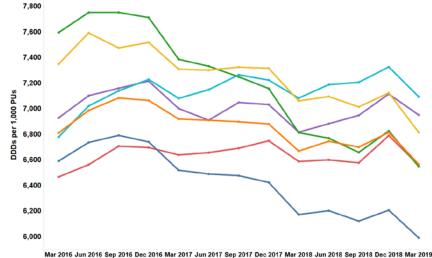
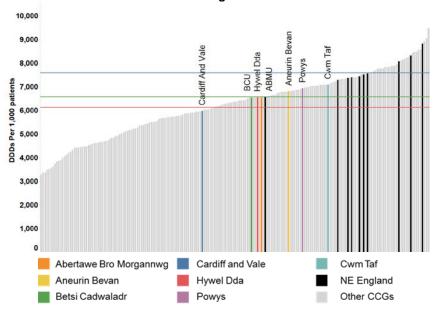


Figure 22. PPI prescribing in Welsh health boards and English CCGs – Quarter ending March 2019



7.0 INSULIN

Purpose: To encourage a reduction in the prescribing of long-acting insulin analogues in line with NICE guidance to maximise cost-effectiveness in Wales.

Unit of measure: Items/number of long-acting insulin analogues expressed as a percentage of total long- and intermediate-acting insulin prescribed in primary and secondary care.

Aim: To reduce prescribing

NICE guidance recommends human isophane (neutral protamine Hagedorn [NPH]) insulin as the first choice insulin-based treatment when prescribing insulin in type 2 diabetes mellitus. For most people with type 2 diabetes, long-acting insulin analogues offer no significant benefit over human isophane insulin and are more expensive.

This report considers data sets from both secondary and primary care, as prescribing will usually be continued in the primary care setting following secondary care initiation.

As of Quarter 3 2018-2019, the method of calculating secondary care data for the Insulin NPI has changed. Therefore, any comparison to historic data before that point should be made via SPIRA rather than any previously published quarterly reports.

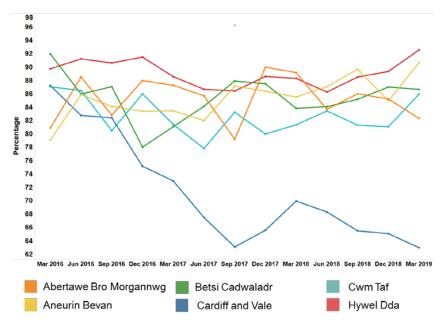
Secondary care prescribing

- Across Wales, secondary care use of long-acting insulin as a percentage of all long- and intermediate-acting insulin prescribing was 0.30% lower in the quarter ending March 2019 than in the equivalent quarter of the previous year. This is in line with the aim of the indicator.
- For the quarter ending March 2019, prescribing of long-acting insulin analogues as a percentage of total long- and intermediate-acting insulin ranged from 63.0% to 92.6%.
- The health board with the lowest prescribing percentage was Cardiff and Vale UHB. The highest prescribing percentage was seen in Hywel Dda UHB.
- The proportion of long-acting insulin analogue prescribing decreased in two of the seven health boards, compared with the equivalent quarter of the previous year.
- Cardiff and Vale UHB showed the greatest percentage decrease.
- The health board with the greatest percentage increase was Aneurin Bevan UHB.

Table 16. Long-acting insulin analogues as a percentage of total long- and intermediate-acting insulin prescribing in secondary care

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cardiff and Vale | 70.0 | 63.0 | -9.98% |
| Abertawe Bro Morgannwg | 89.2 | 82.3 | -7.69% |
| Betsi Cadwaladr | 83.8 | 86.7 | 3.38% |
| Hywel Dda | 88.3 | 92.6 | 4.84% |
| Cwm Taf | 81.4 | 86.0 | 5.66% |
| Aneurin Bevan | 85.5 | 90.7 | 6.05% |
| Wales | 82.0 | 81.8 | -0.30% |

Figure 23. Trend in long-acting analogue prescribing as a percentage of total long- and intermediate-acting insulin prescribed in secondary care

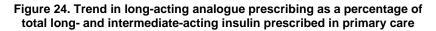


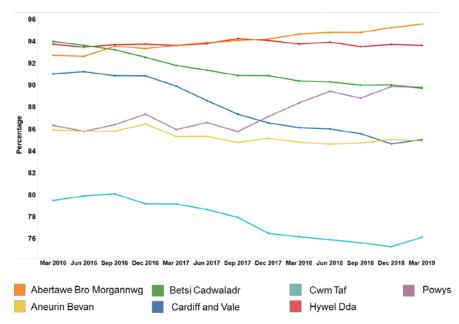
Primary care prescribing

- Across Wales, the prescribing of long-acting insulin analogues as a proportion of total long and intermediate-acting insulin prescribing decreased by 0.05% for the quarter ending March 2019, compared with the equivalent quarter of the previous year. This is in line with the aim of the indicator.
- For the quarter ending March 2019, long-acting insulin analogue prescribing ranged from 76.1% to 95.6% across the health boards.
- The health board with the lowest prescribing was Cwm Taf UHB, whilst the highest prescribing was seen in Abertawe Bro Morgannwg UHB.
- Across the seven health boards in Wales, prescribing decreased compared with the equivalent quarter of the previous year in four health boards and increased in three health boards.
- The health board with the greatest percentage decrease was Cardiff and Vale UHB.
- The largest percentage increase was seen in Powys Teaching HB.

Table 17. Long-acting insulin analogues as a percentage of total long- and intermediate-acting insulin prescribing in primary care

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cardiff and Vale | 86.1 | 85.1 | -1.26% |
| Betsi Cadwaladr | 90.4 | 89.7 | -0.75% |
| Hywel Dda | 93.8 | 93.7 | -0.13% |
| Cwm Taf | 76.2 | 76.1 | -0.05% |
| Aneurin Bevan | 84.8 | 84.9 | 0.12% |
| Abertawe Bro Morgannwg | 94.7 | 95.6 | 0.95% |
| Powys | 88.4 | 89.8 | 1.62% |
| Wales | 88.1 | 88.1 | -0.05% |





8.0 BIOSIMILARS

Purpose: To ensure prescribing of biological medicines supports costeffective prescribing in Wales.

Unit of measure: Quantity of biosimilar medicines prescribed as a percentage of total 'reference' product plus biosimilar.

Aim: Increase the appropriate use of cost-effective biological medicines, including biosimilar medicines.

Biological medicines are those that are made or derived from a biological source and, as such, are complex, with inherent variability in their structure. A biosimilar medicine is a biological medicine that is developed to be highly similar and clinically equivalent to an existing biological medicine (i.e. 'reference' medicine or 'originator' medicine). Continuing development of biosimilar medicines offers an increased choice for patients and clinicians. There is an increasing range of biosimilar products becoming available and therefore new products will be monitored and reported on in this section of the NPI report as they begin to be used within NHS Wales.

MHRA guidelines state that biological medicines, including biosimilar medicines, must be prescribed by brand name to prevent automatic substitution taking place without clinician and patient involvement, and to support ongoing pharmacovigilance of the individual products.

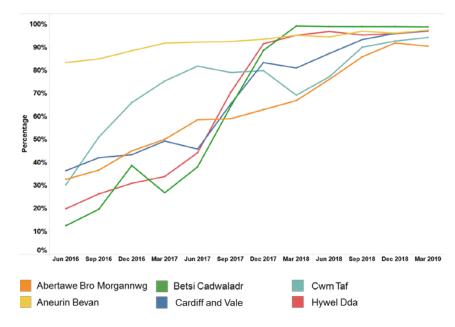
8.1 Infliximab

- Across Wales, for the quarter ending March 2019, infliximab biosimilar prescribing increased by 11.6%, compared with the equivalent quarter of the previous year. This is in line with the aim of this indicator.
- For the quarter ending March 2019, infliximab biosimilar prescribing ranged from 90.5% to 98.9% across the health boards.
- The health board with the highest percentage was Betsi Cadwaladr UHB whilst the lowest percentage was seen in Abertawe Bro Morgannwg UHB.
- Five health boards demonstrated an increase in percentage, compared with the equivalent quarter of the previous year.
- Cwm Taf UHB demonstrated the largest percentage increase.
- Betsi Cadwaladr UHB demonstrated a percentage decrease.

 Table 18. Infliximab biosimilars as a percentage of reference and biosimilar prescribed

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cwm Taf | 69.0 | 94.3 | 36.6% |
| Abertawe Bro Morgannwg | 66.9 | 90.5 | 35.3% |
| Cardiff and Vale | 81.0 | 97.2 | 20.0% |
| Aneurin Bevan | 95.2 | 97.5 | 2.36% |
| Hywel Dda | 95.2 | 97.0 | 1.86% |
| Betsi Cadwaladr | 99.3 | 98.9 | -0.39% |
| Wales | 85.8 | 95.8 | 11.6% |

Figure 25. Trend in infliximab biosimilar (Inflectra®) prescribing as a percentage of total infliximab prescribed



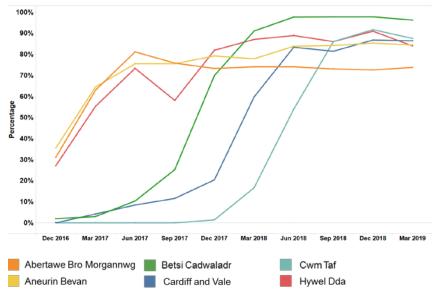
8.2 Etanercept

- Across Wales, for the quarter ending March 2019, etanercept biosimilar prescribing increased by 13.5%, compared with the equivalent quarter of the previous year. This is in line with the aim of this indicator.
- For the quarter ending March 2019, etanercept biosimilar prescribing ranged from 73.8% to 96.3% across the health boards.
- The health board with the highest percentage was Betsi Cadwaladr UHB whilst the lowest percentage was seen in Abertawe Bro Morgannwg UHB.
- Four health boards demonstrated an increase in percentage, compared with the equivalent quarter of the previous year.
- Cwm Taf UHB demonstrated the largest percentage increase.
- Abertawe Bro Morgannwg UHB demonstrated a percentage decrease.

Table 19. Etanercept biosimilars as a percentage of reference and biosimilar prescribed

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cwm Taf | 16.7 | 87.6 | 425.6% |
| Cardiff and Vale | 59.8 | 86.5 | 44.6% |
| Aneurin Bevan | 77.9 | 84.5 | 8.42% |
| Betsi Cadwaladr | 91.1 | 96.3 | 5.71% |
| Abertawe Bro Morgannwg | 74.1 | 73.8 | -0.37% |
| Hywel Dda | 87.1 | 84.0 | -3.57% |
| Wales | 74.1 | 84.1 | 13.5% |

Figure 26. Trend in etanercept biosimilar (Benepali[®], Erelzi[®]) prescribing as a percentage of total etanercept prescribed



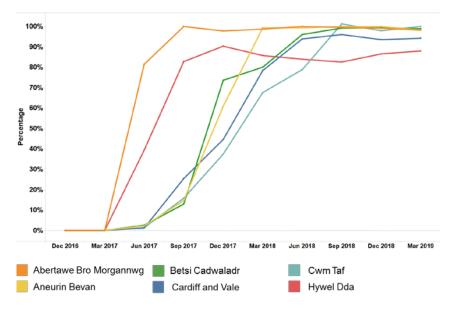
8.3 Rituximab

- Across Wales, for the quarter ending March 2019, rituximab biosimilar prescribing increased by 11.6%, compared with the equivalent quarter of the previous year. This is in line with the aim of this indicator
- For the quarter ending March 2019, rituximab biosimilar prescribing ranged from 0.00% to 100% across the health boards.
- The health board with the highest percentage was Cwm Taf UHB whilst the lowest percentage was seen in Velindre Trust
- Four health boards demonstrated an increase in percentage, compared with the equivalent quarter of the previous year.
- Cwm Taf UHB demonstrated the largest percentage increase.
- Aneurin Bevan UHB demonstrated the largest percentage decrease.

Table 20. Rituximab biosimilar as a percentage of reference and biosimilar prescribed

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Cwm Taf | 67.6 | 100 | 47.9% |
| Betsi Cadwaladr | 80.1 | 98.9 | 23.5% |
| Cardiff and Vale | 78.4 | 94.2 | 20.2% |
| Hywel Dda | 85.8 | 88.0 | 2.63% |
| Velindre | 0.0 | 0.0 | N/A |
| Abertawe Bro Morgannwg | 98.7 | 98.2 | -0.53% |
| Aneurin Bevan | 99.3 | 98.3 | -1.1% |
| Wales | 85.6 | 95.5 | 11.6% |

Figure 27. Trend in rituximab biosimilar (Truxima®) prescribing as a percentage of total rituximab prescribed



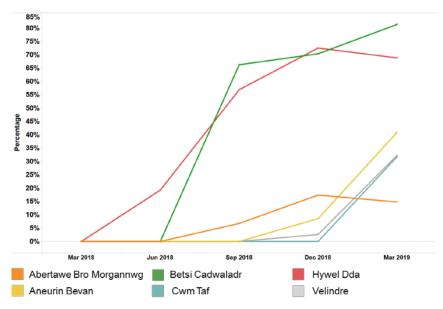
8.4 Trastuzumab

- Across Wales, trastuzumab biosimilar prescribing increased from 0% to 51.9%, for the quarter ending March 2019 compared with the equivalent quarter of the previous year. This is in line with the aim of this indicator
- For the quarter ending March 2019, trastuzumab biosimilar prescribing ranged from 14.8% to 81.4% across the health boards.
- The health board with the highest percentage was Betsi Cadwaladr UHB whilst the lowest percentage was seen in Abertawe Bro Morgannwg UHB.
- Six health boards demonstrated an increase in percentage, compared with the equivalent quarter of the previous year.
- Betsi Cadwaladr demonstrated the largest percentage increase.

Table 21. Trastuzumab biosimilar as a percentage of reference and biosimilar prescribed

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Betsi Cadwaladr | 0.0 | 81.4 | N/A |
| Hywel Dda | 0.0 | 68.8 | N/A |
| Aneurin Bevan | 0.0 | 40.9 | N/A |
| Velindre | 0.0 | 32.3 | N/A |
| Cwm Taf | 0.0 | 31.8 | N/A |
| Abertawe Bro Morgannwg | 0.0 | 14.8 | N/A |
| Wales | 0.0 | 51.9 | N/A |

Figure 28. Trend in trastuzumab biosimilar (Ontruzant®) prescribing as a percentage of total trastuzumab prescribed

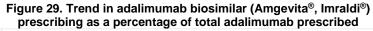


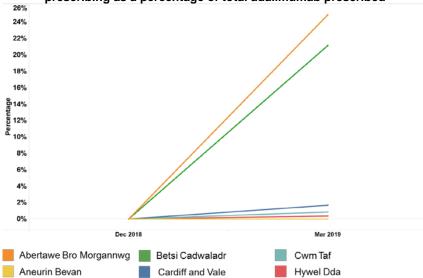
8.5 Adalimumab

- Across Wales, adalimumab biosimilar prescribing increased from 0% to 9.8%, for the quarter ending March 2019 compared with the equivalent quarter of the previous year. This is in line with the aim of this indicator
- For the quarter ending March 2019, adalimumab biosimilar prescribing ranged from 0% to 24.9% across the health boards.
- The health board with the highest percentage was Abertawe Bro Morgannwg UHB whilst the lowest percentage was seen in Aneurin Bevan UHB.
- Five health boards demonstrated an increase in percentage, compared with the equivalent quarter of the previous year.
- Abertawe Bro Morgannwg UHB demonstrated the largest percentage increase.
- Aneurin Bevan UHB demonstrated no increase from zero percent.

Table 22. Adalimumab biosimilar as a percentage of reference and biosimilar prescribed

| | 2017–2018 Qtr 4 | 2018–2019 Qtr 4 | % Change |
|------------------------|--------------------|--------------------|----------|
| Abertawe Bro Morgannwg | 0.0 | 24.9 | N/A |
| Betsi Cadwaladr | 0.0 | 21.1 | N/A |
| Cardiff and Vale | 0.0 | 1.7 | N/A |
| Cwm Taf | 0.0 | 0.8 | N/A |
| Hywel Dda | 0.0 | 0.4 | N/A |
| Aneurin Bevan | 0.0 | 0.0 | N/A |
| Wales | 0.0 | 9.8 | N/A |

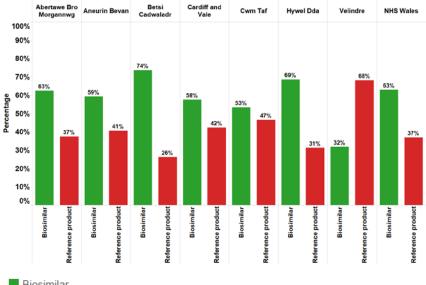




8.6 Total biosimilar usage

Within Wales there was an increase in the use of the reported biosimilar medicines (infliximab, etanercept, rituximab, trastuzumab, adalimumab) combined as a percentage of reported 'reference' biological medicines plus biosimilars combined, from 52% to 63% for the quarter ending March 2019 compared with the equivalent quarter of the previous year.

Figure 30. Biological reference and biosimilar as a proportion of total reference plus biosimilar prescribed – Quarter ending March 2019



100% 90% Biosimilar 80% Adalimimab Etanercept 70% Infliximab Rituximab IV 60% Trastuzumab IV 50% Pe 40% 30% 20% 10% 0%

Mar 2017 Jun 2017 Sep 2017 Dec 2017 Mar 2018 Jun 2018 Sep 2018 Dec 2018 Mar 2019

Biosimilar
 Reference product



CAUTION WITH INTERPRETING NPI MONITORING DATA

Calculations for the percentage difference reported are based on raw data, and values may therefore vary slightly from those calculated from the data tables or graphs, where figures have been rounded up or down.

Data for the Prescribing Safety Indicators have been provided by Audit+, the GP software tool delivered and supported by the NHS Wales Informatics Service (NWIS).

As of Quarter 3 2018-2019, the method of calculating secondary care data for the Insulin NPI has changed. Therefore, any comparison to historic data before that point should be made via SPIRA rather than any previously published quarterly reports.

The Medusa data warehouse is reliant on data input by individual hospital pharmacy departments. If the data on a medicine are input under an alternative name to the usual generic or brand name, it may not be identified at extraction.

Medusa records the issue of medicines within the secondary care setting in Wales. Where supplies are issued to named patients, it can be assumed that the difference between number of medicines issued and number administered to patients is not significant. However, when the supplies are issued to wards or clinics, these items are often held as stock and therefore may be administered to patients at a considerably later point in time. However, within this report they are only considered for analysis within the time period they were issued. The report includes medicines supplied by homecare and recorded through the hospital system; medicines supplied through other homecare providers are not included in this report. Therefore some medicines use data may currently be incomplete. This issue is being worked on within NHS Wales as a priority.

Medicines supplied through hospitals in England or on FP10HP (issued by hospital clinicians in NHS England) to patients resident in Wales, which do not get issued via Medusa or recorded through CASPA, are not included in this report.

Combining data obtained from two different software systems provides challenges, particularly as CASPA and Medusa report data via different measurement criteria. Hence, in order to amalgamate data, total cost of medicine usage is reported for all indicators and, where relevant, other measures such as total quantity, items and number are also reported.

GLOSSARY

ADQ – The average daily quantity (ADQ) is a measure of prescribing volume based upon prescribing behaviour in England. It represents the assumed average maintenance dose per day for a medicine used for its main indication in adults. The ADQ is not a recommended dose but an analytical unit to compare prescribing activity.

DDD – The defined daily dose (DDD), developed by the World Health Organization, is a unit of measurement whereby each medicine is assigned a value within its recognised dosage range. The value is the assumed average maintenance dose per day for a medicine when used for its main indication in adults. A medicine can have different DDDs depending on the route of administration.

PU – Prescribing units (PUs) were adopted to take account of the greater need of elderly patients for medication in reporting prescribing performance at both the practice and primary care organisational level.

PRESCRIBING – Although the term 'prescribing' is used in this report, the data presented within the primary care section of the report represent prescriptions that have been dispensed and forwarded for pricing. It is assumed that the difference between the number of prescriptions issued and those dispensed is not significant, and that dispensing provides an accurate representation of prescribing. In relation to the secondary care data presented within this report please see information above.

STAR-PU – Specific therapeutic group age-sex related prescribing units (STAR-PUs) are designed to measure prescribing weighted for age and sex of patients. There are differences in the age and sex of patients for whom medicines in specific therapeutic groups are usually prescribed. To make such comparisons, STAR-PUs have been developed based on costs of prescribing of items within therapeutic groups.

APPENDIX 1. AWMSG NATIONAL PRESCRIBING INDICATORS 2018–2019

| National Prescribing Indicator | Applicable to: | Unit of measure | Target for 2018–2019 | Data source | |
|--------------------------------------|---|---|---|---|--|
| Safety | ' | | | , | |
| Prescribing Safety Indicators | Primary care | Number of patients identified as a percentage of the practice population | No target set | Audit+ | |
| Hypnotics and anxiolytics | Primary care | Hypnotic and anxiolytic ADQs per 1,000 STAR- PUs | Maintain performance levels within the lower quartile, or show a reduction towards the quartile below | NWSSP | |
| Analgesics F | Primary care | Tramadol DDDs per 1,000 patients | Maintain performance levels within the lower quartile, or show a reduction towards the quartile below | NWSSP | |
| | | Opioid patch items as a percentage of all opioid prescribing | Maintain performance levels within the lower quartile, or show a reduction towards the quartile below | NWSSP | |
| | | Gabapentin and pregabalin DDDs per 1,000 patients | Maintain performance levels within the lower quartile, or show a reduction towards the quartile below | NWSSP | |
| | Primary care | | One Yellow Card per 2,000 GP practice population | | |
| Yellow Card Reporting | Secondary care | | In excess of a 20% increase from baseline | | |
| | Health board Number of Yellow Cards submitted | In excess of one Yellow Card per 2,000 health board population In excess of a 50% increase from baseline for Yellow Cards submitted by members of the public | MHRA | | |
| | Community pharmacy | | No target set. Reported as the number of Yellow Cards submitted by health board. | | |
| Stewardship | | | | | |
| Antimicrobial stewardship | Primary care | Total antibacterial items per 1,000 STAR-PUs | Health board target: a reduction of 5% against a baseline of April 2016–March 2017 | NWSSP | |
| | Primary care | 4C antimicrobials (co-amoxiclav, cephalosporins, fluoroquinolones and clindamycin): the number of 4C items per 1,000 patients the number of 4C items as a percentage of total antibacterial prescribing. Absolute measure ≤7% or a proportional reduction of 10% again baseline of April 2016–March 2017 | | NWSSP | |
| | Secondary care | Prophylaxis in colorectal surgery: proportion of elective colorectal patients receiving a single dose of antimicrobial for surgical prophylaxis | Absolute measure ≥90% or a proportional increase of 20% against performance for 2017–2018 | Data collection by antimicrobial pharmacists | |

| Efficiency | | | | | |
|-------------------------------------|-----------------------------|---|--|-----------------|--|
| Proton pump inhibitors | Primary care | PPI DDDs per 1,000 PUs | Maintain performance levels within the lower quartile, or show a reduction towards the quartile below | NWSSP | |
| Biosimilars | Primary + secondary care | Quantity of biosimilar medicines prescribed as a percentage of total 'reference' product plus biosimilar | Increase the appropriate use of cost-effective biological medicines, including biosimilar medicines. | NWSSP Medusa | |
| Long-acting insulin analogues | Primary + secondary care | Items/number of long-acting insulin analogues expressed as a percentage of total long- and intermediate-acting insulin prescribed | Reduce prescribing of long-acting insulin analogues and achieve prescribing levels below the Welsh average | NWSSP Medusa | |

APPENDIX 2. PRIMARY CARE NPI PRESCRIBING BY GP CLUSTER

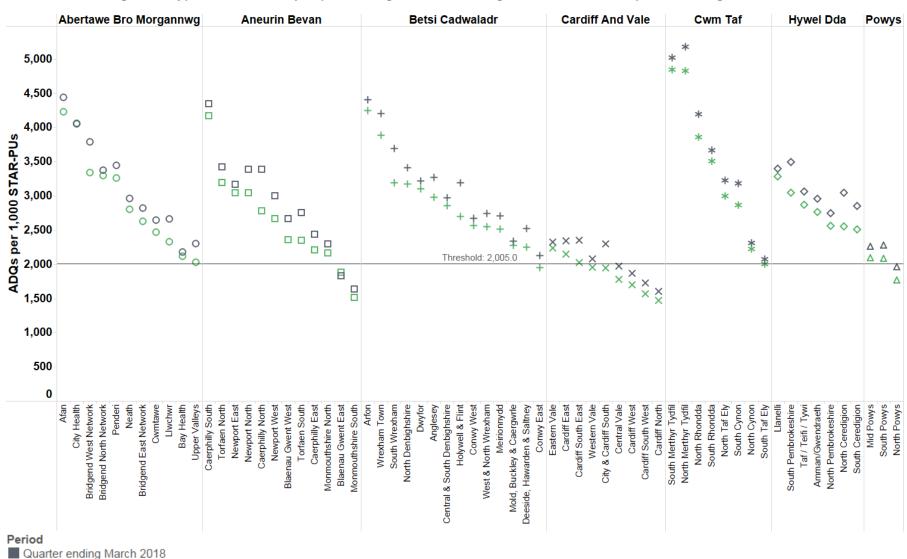
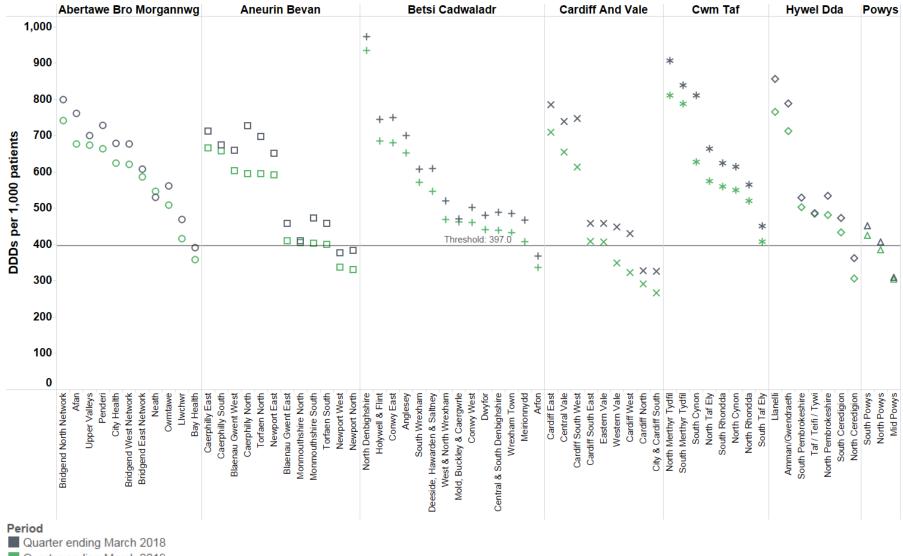
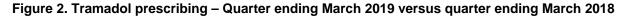


Figure 1. Hypnotic and anxiolytic prescribing – Quarter ending March 2019 versus quarter ending March 2018





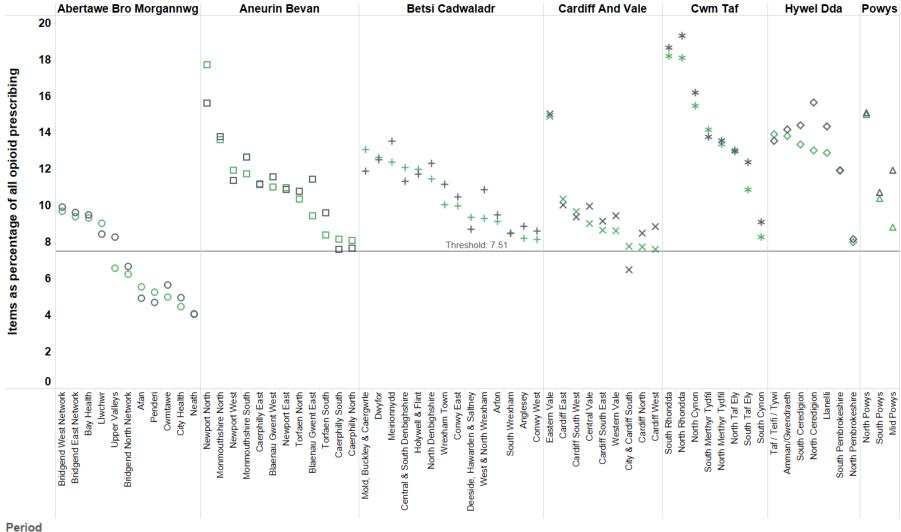


Figure 3. Opioid patch prescribing – Quarter ending March 2019 versus quarter ending March 2018

National Prescribing Indicators 2018–2019. Analysis of Prescribing Data to March 2019

Quarter ending March 2018

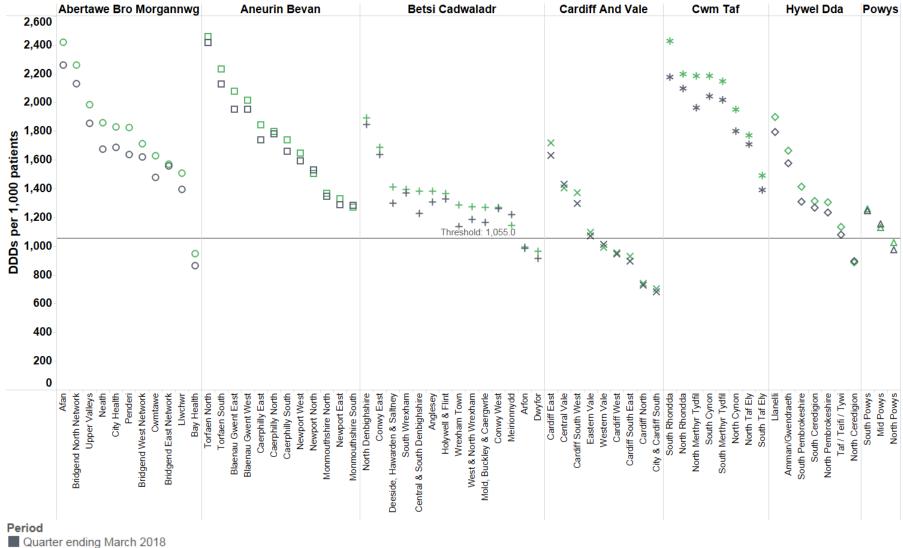
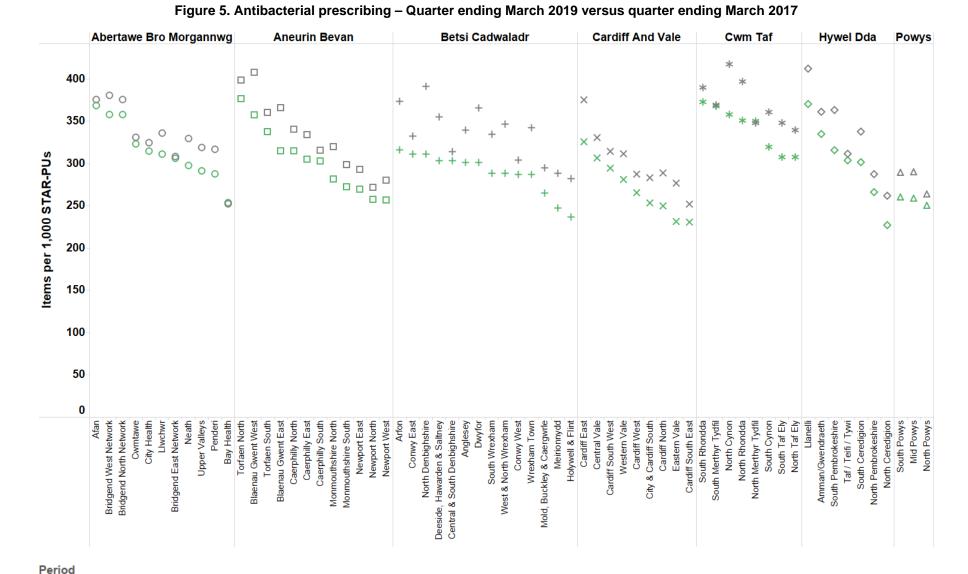
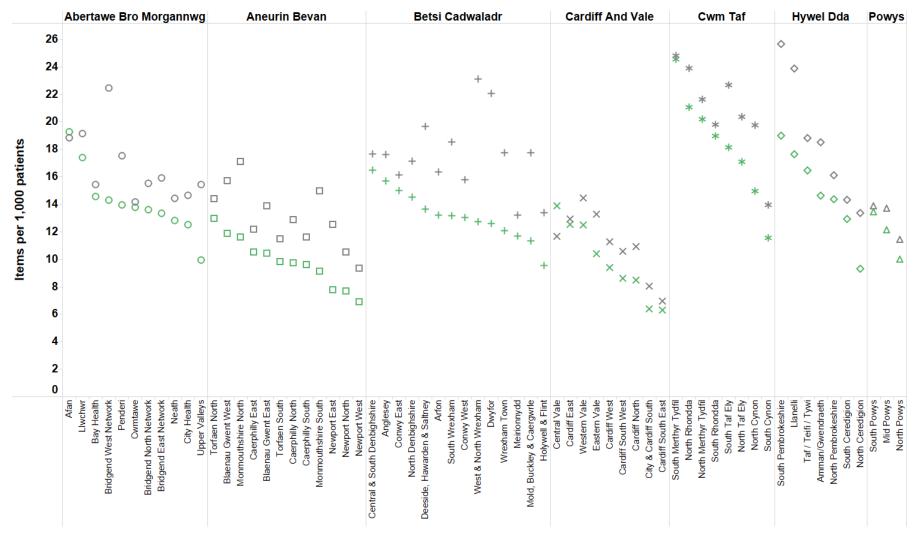


Figure 4. Gabapentin and pregabalin prescribing – Quarter ending March 2019 versus quarter ending March 2018



National Prescribing Indicators 2018–2019. Analysis of Prescribing Data to March 2019

Quarter ending March 2017





Period

Quarter ending March 2017 Quarter ending March 2019

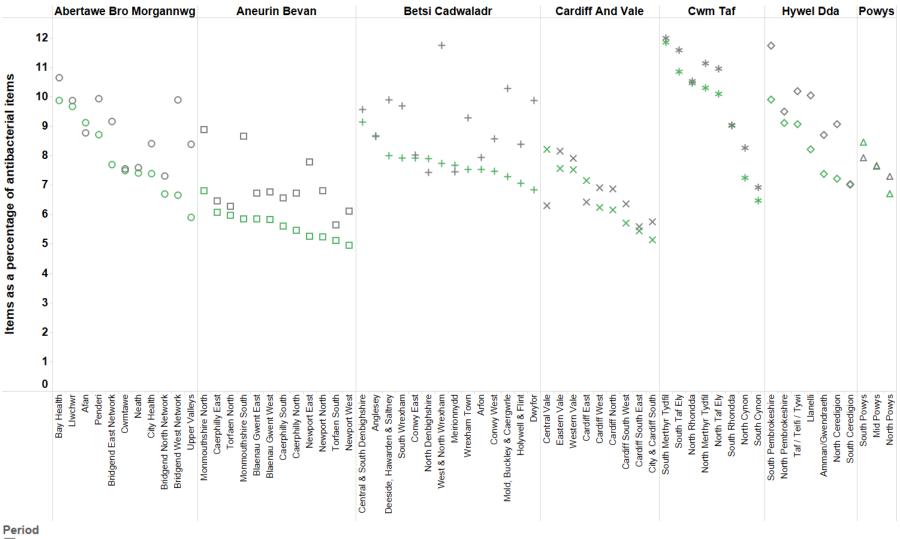


Figure 7. 4C prescribing – Quarter ending March 2019 versus quarter ending March 2017

Quarter ending March 2017 Quarter ending March 2019

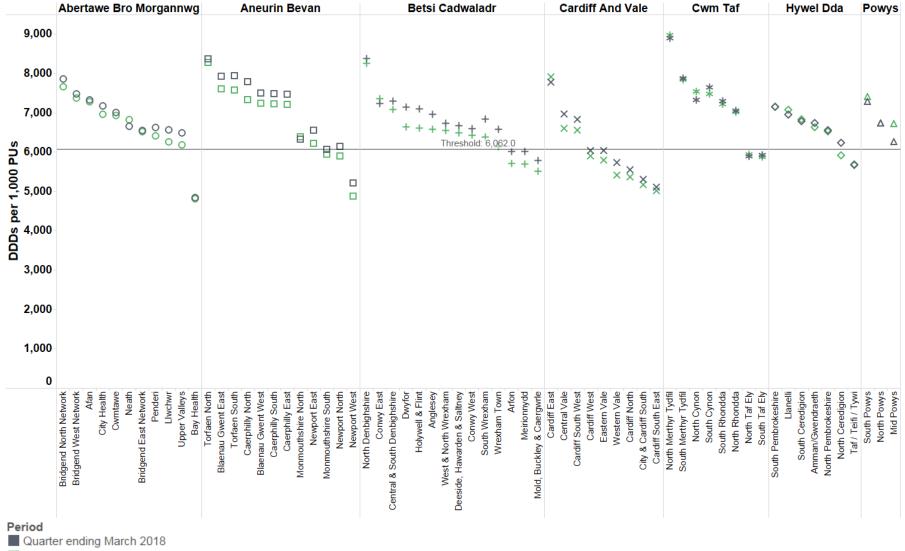
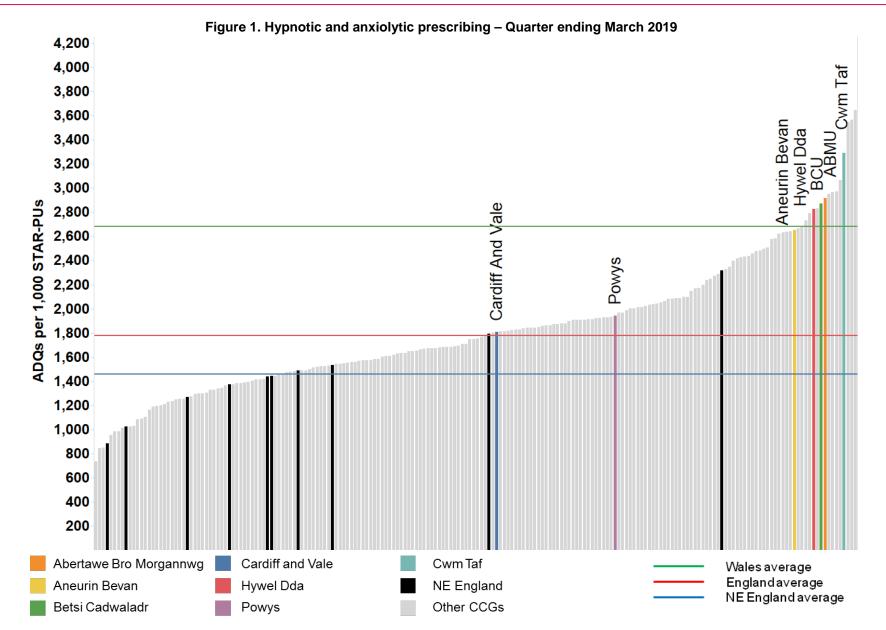
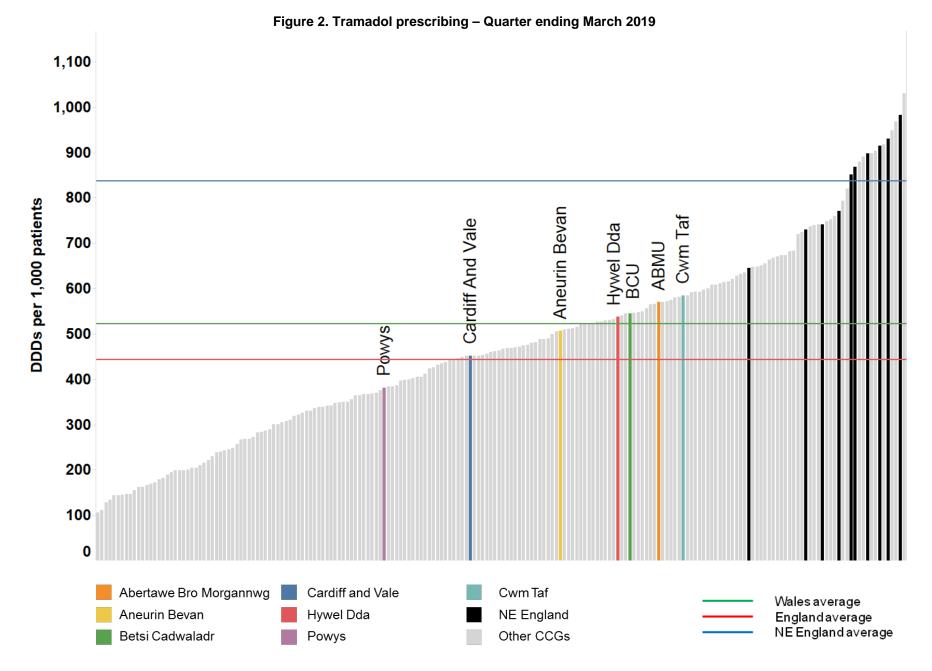


Figure 8. Proton pump inhibitor prescribing – Quarter ending March 2019 versus quarter ending March 2018



APPENDIX 3. POSITION OF WELSH HEALTH BOARDS AGAINST CCGS IN ENGLAND AND NE ENGLAND



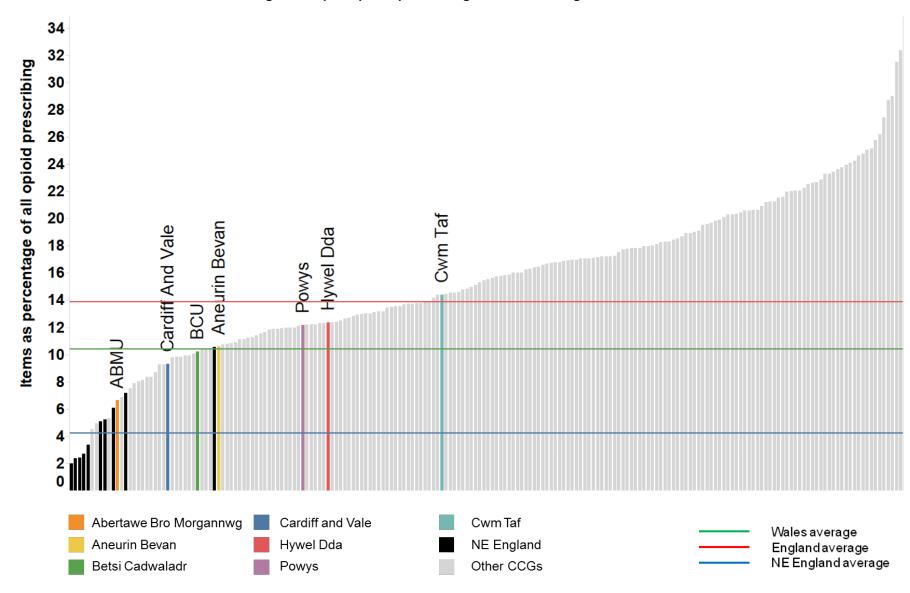


Figure 3. Opioid patch prescribing – Quarter ending March 2019

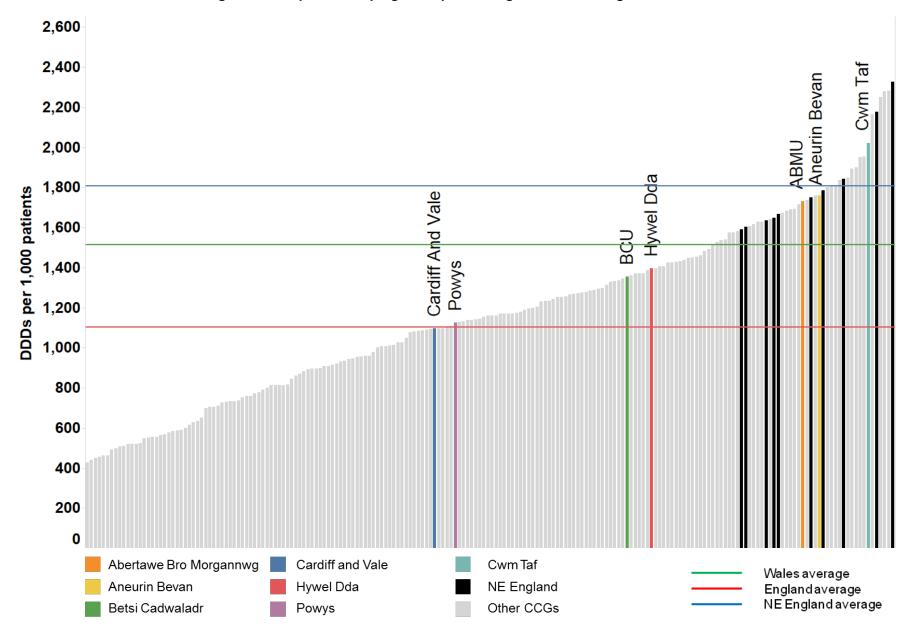


Figure 4. Gabapentin and pregabalin prescribing – Quarter ending March 2019

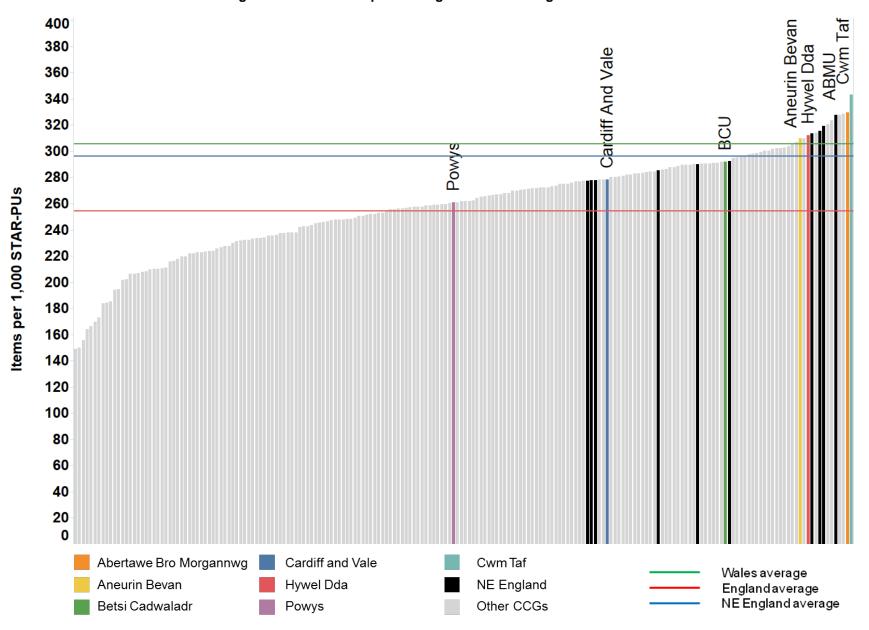
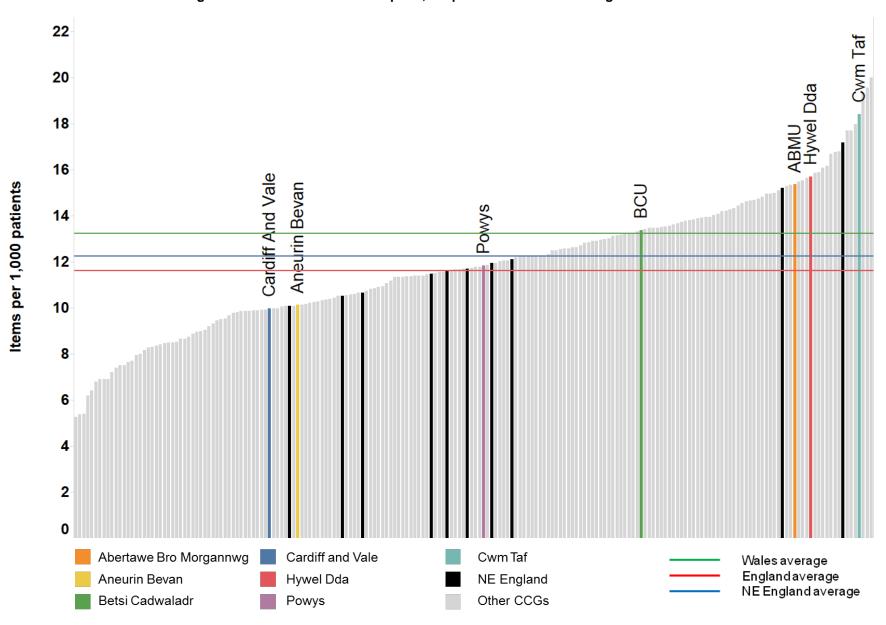


Figure 5. Antibacterial prescribing – Quarter ending March 2019





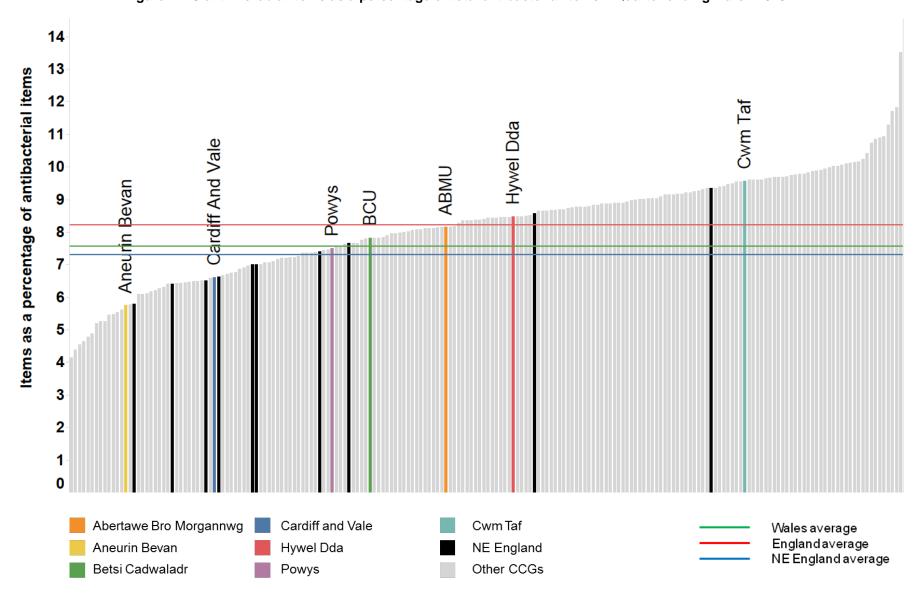


Figure 7. 4C antimicrobial items as a percentage of total antibacterial items – Quarter ending March 2019

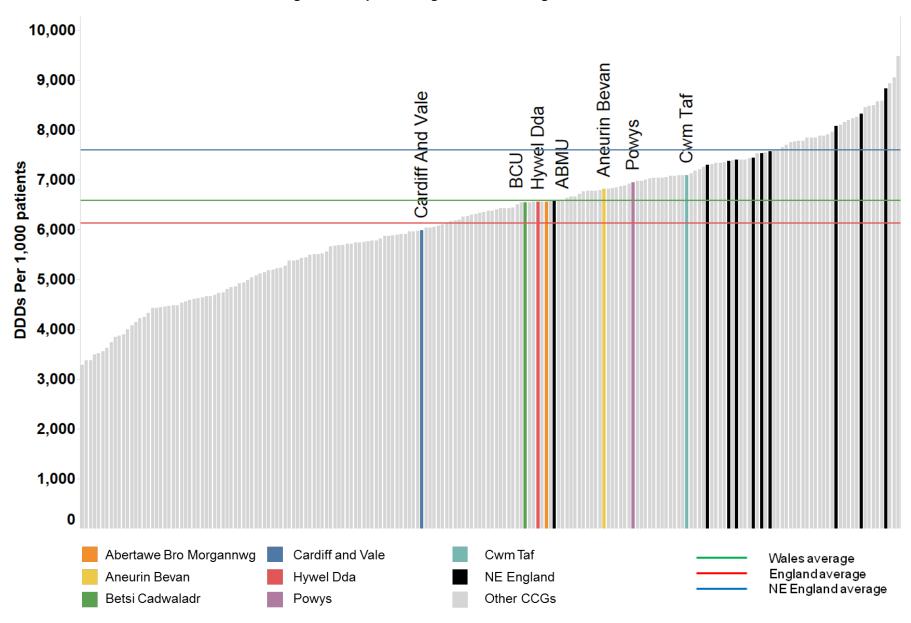


Figure 8. PPI prescribing – Quarter ending March 2019