Ethical considerations: Reasonableness, rules and exceptions to rules

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Introduction

- Introduction
- Ethics, being exceptional and reasonableness
- When the Rule is Wrong
- Conclusion

- Four principles
- Fairness vs. individual interests
- Fair distribution of resources means:
 - A reasonable general rule
 - A means of recognising when the rule should not apply to an individual

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 - A means of recognising when the rule should not apply to an individual (IPFR)

Being exceptional is key to fairness.

The purpose of IPFR is to consider why a Rule
Should not apply to an Individual

In everyday usage, being exceptional is...

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".. of the nature of, or forming an exception: out of the ordinary course, unusual, the ordinary course, unusual, special" (Oxford English Dictionary)
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Is that enough for IPFR purposes?

Not really. My main message:

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When the Rule is Wrong: Five ways of showing reasonableness

The rule is:

"Drugs are not approved if their benefits in the generality of patients do not justify their cost."

NICE, AMWSG etc.

When the Rule is Wrong: Five ways of showing reasonableness

A rule should not apply if:

- 1. The benefit to this patient is more than in the generality of patients
 - The predicted response is better
 - A previous response has been better
 - A small response would have a greater benefit
 - Quality: small biological response unusually valuable
 - Duration: living longer unusually important
- 2. The cost to this patient is less than in the generality of patients

'Although overall the effectiveness

of an intervention is not
significant, there are subgroups of
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2. The cost to this patient is less than in the generality of patients

The intervention is usually more expensive than its effectiveness justifies, but there is a reason why justifies, but there is a reason why it will be cheaper in this patient.

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Conclusion

- Everyone is unusual (in fact, they are unique).
- Ethics depends both on reasonable rules and on reasonable exceptions to rules.
- It can only be unreasonable for the rule to apply to a specific patient if she is unusual in a way relevant to the rule.

Conclusion

Showing that the rule should not apply usually means showing three things:

- 1. There is a rule that says the intervention would not normally be provided.
- 2. The patient is unusual.
- 3. Her particular unusualness means she will benefit from the intervention more than the generality of patients.

Conclusion

Main message:

"To show that it would be unreasonable for a rule to apply, the clinician has to show that the patient is unusual in a way that means she will benefit more from that intervention than the generality of patients."