

## Patient trial plan – Gabapentin or pregabalin

### What do you want to get from this trial?

What is your goal (something to work towards) during the trial? For example: do more daily tasks, return to a hobby, take a short walk each day, or spend more time out of the house.

### What medicine will you be taking for your trial?

Medicine name: \_\_\_\_\_

Fill in the table below with the numbers of tablets you should take, and when you should take them.

Date	Morning dose	Midday dose	Evening dose

**Date of your review** (this should be within 6 to 8 weeks of starting the trial)

\_\_\_\_\_



**Warning:** Gabapentin and pregabalin are associated with significant risks, including side effects, dependence, and addiction. These medicines must be reviewed regularly and reduced and stopped if the risks outweigh the benefits.

**A positive outcome to a gabapentin or pregabalin trial does not mean that the medicine will continue to be helpful in the long term.**

Please return all unused medicines to your local pharmacy.