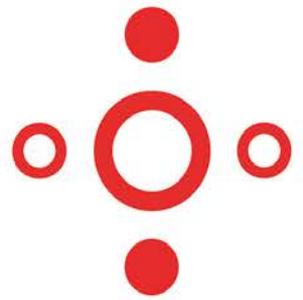


Grŵp Strategaeth Meddyginiaethau Cymru Gyfan  
All Wales Medicines Strategy Group



# CEPP National Audit

## Focus on Antibiotic Prescribing

March 2022

(April 2025 - updated section on 'Acute rhinosinusitis')

This document has been prepared by the All Wales Antimicrobial Pharmacist Group (AWAPG) and the All Wales Antimicrobial Guidance Group (AWAGG), with support from the All Wales Prescribing Advisory Group (AWPAG) and the All Wales Therapeutics and Toxicology Centre (AWTTC), and has subsequently been endorsed by the All Wales Medicines Strategy Group (AWMSG).

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# All Wales Medicines Strategy Group

## 1.0 Audit aims

- To promote antibiotic prescribing in accordance with existing guidelines;
- To support clinicians with quality improvement by promoting review of antimicrobial prescribing in their teams.

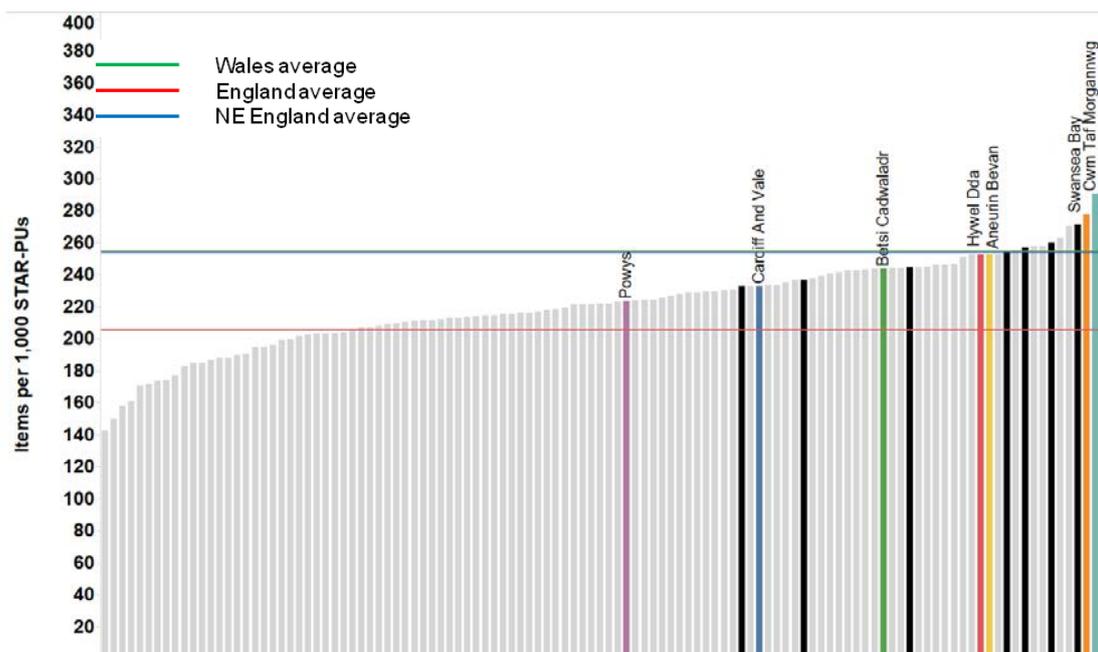
## 2.0 Background

Where an antibiotic is needed, the choice of agent and its use needs to be considered in order to ensure that infections are treated effectively. Broad-spectrum antibiotics such as fluoroquinolones, cephalosporins and co-amoxiclav should be reserved for the treatment of resistant disease only.

This audit is underpinned by agreed All Wales Medicines Strategy Group (AWMSG) guidelines for the management of infection in primary care, and supports the implementation of the All Wales Medicines Strategy Group (AWMSG) antimicrobial stewardship National Prescribing Indicators (NPIs) which were first introduced in 2014–2015<sup>1,2</sup>. Data for each of the NPIs is available to view (by GP practice, cluster or health board) via the [Server for Prescribing Information Reporting and Analysis \(SPIRA\)](#). Each audit section is available as a standalone document on the AWMSG website.

At the time of publication, the total use of antibiotic agents is monitored as an NPI in antibacterial items per 1,000 Specific therapeutic group age-sex related prescribing units (STAR-PU)<sup>1</sup>. Use is generally high in Wales when compared with England (see Figure 1)<sup>3</sup>.

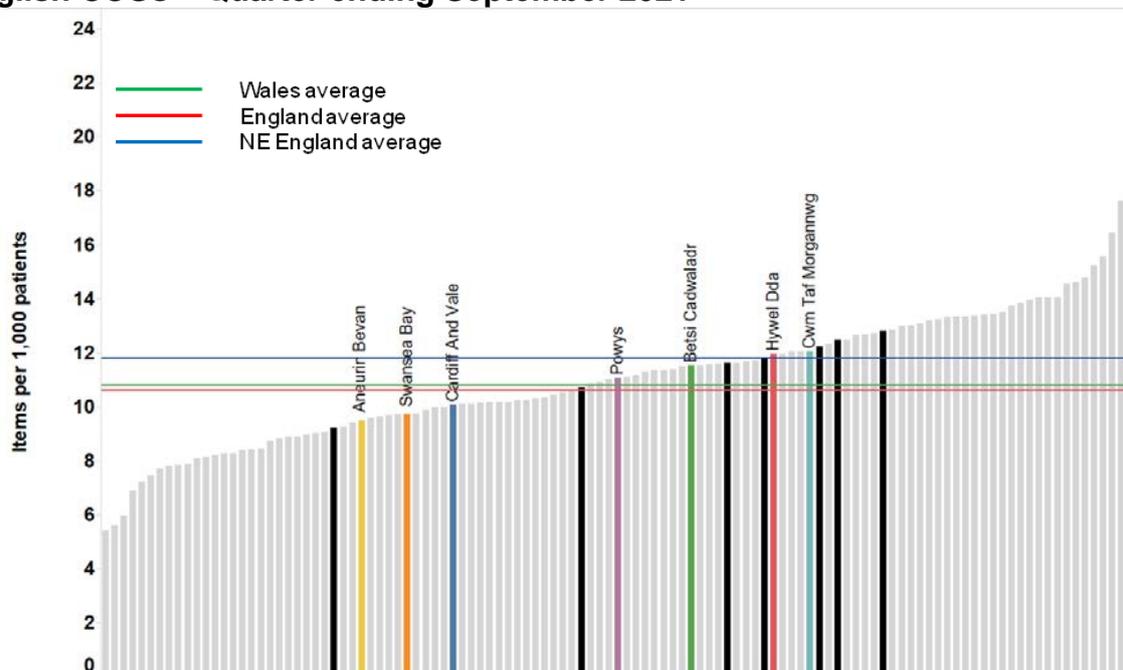
**Figure 1. Total antibacterial items per 1,000 STAR-PU in Welsh health boards and English Clinical Commissioning Groups (CCGs) – Quarter ending September 2021**



## CEPP National Audit – Focus on Antibiotic Prescribing

The term ‘4C antimicrobials’ refers collectively to four broad-spectrum antibiotics, or groups of antibiotics: co-amoxiclav, cephalosporins, fluoroquinolones and clindamycin. The use of simple generic antibiotics and the avoidance of these broad-spectrum antibiotics preserves them from resistance and reduces the risk of *Clostridioides difficile* infection. At the time of publication, the use of 4C antimicrobials is monitored as a separate NPI in 4C antimicrobial items per 1,000 patients<sup>1</sup>. Use in Wales is higher than that observed in England (Figure 2)<sup>3</sup>.

**Figure 2. 4C antimicrobial items per 1,000 patients in Welsh health boards and English CCGs – Quarter ending September 2021**



The audits presented in this document can support the quality improvement required for appraisal and revalidation as described in the General Medicine Council (GMC) guide to Good Medical Practice<sup>4</sup>. In addition, any improvements in prescribing practices that are driven by the completion of these audits and any subsequent re-auditing will help contribute to the UK Government’s 20-year vision for antimicrobial resistance, where the ambitions for change include<sup>5</sup>:

- Ambition 4 – Provide safe and effective care to patients
- Ambition 8 – Demonstrate appropriate use of antimicrobials.

Delivery of the UK Government’s 20-year vision is being managed through complimentary 5-year action plans. The current action plan for 2019–2024 references modelling studies that suggest that at least 20% of the antibiotics prescribed in UK primary care are inappropriate and sets the following target for delivering “optimal use of antimicrobials in humans”<sup>6,7</sup>:

- To reduce UK antimicrobial use in humans by 15% by 2024, including:
  - a 25% reduction in antibiotic use in the community from the 2013 baseline;
  - a 10% reduction in use of ‘reserve’ and ‘watch’ antibiotics in hospitals from the 2017 baseline.

## All Wales Medicines Strategy Group

### 2.1 Key messages for primary care prescribers

The following are key messages for primary care prescribers, based on the key messages developed by the European Centre for Disease Prevention and Control (ECDC)<sup>8</sup>. While these messages were developed some time ago, they are still relevant today:

#### ***Growing antibiotic resistance threatens the effectiveness of antibiotics now and in the future***

- *Antibiotic resistance is an increasingly serious public health problem in Europe.*
- *While the number of infections due to antibiotic-resistant bacteria is growing, the pipeline of new antibiotics is unpromising, thus presenting a bleak outlook on availability of effective antibiotic treatment in the future.*

#### ***Rising levels of antibiotic-resistant bacteria could be curbed by optimising judicious antibiotic use in primary care patients***

- *Antibiotic exposure is linked to the emergence of antibiotic resistance. The overall uptake of antibiotics in a population, as well as how antibiotics are consumed, has an impact on antibiotic resistance.*
- *Experience from some countries in Europe shows that reduction in antibiotic prescribing for outpatients has resulted in concomitant decrease in antibiotic resistance.*
- *Primary care accounts for about 80% of all antibiotic prescriptions, mainly for respiratory tract infections.*
- *There is evidence showing that, in many cases of respiratory tract infection, antibiotics are not necessary and that the patients' immune systems are able to combat simple infections.*
- *There are patients with certain risk factors such as, for example, severe exacerbations of chronic obstructive pulmonary disease (COPD) with increased sputum production, for which antibiotics are indicated.*
- *Unnecessary antibiotic prescribing in primary care is a complex phenomenon, but it is mainly related to factors such as misinterpretation of symptoms, diagnostic uncertainty and perceived patient expectation.*

#### ***Communicating with patients is key***

- *Studies show that patient satisfaction in primary care settings depends more on effective communication than on receiving an antibiotic prescription and that prescribing an antibiotic for an upper respiratory tract infection does not decrease the rate of subsequent return visits.*
- *Professional medical advice impacts patients' perceptions and attitude towards their illness and perceived need for antibiotics, in particular when they are advised on what to expect in the course of the illness, including the realistic recovery time and self-management strategies.*
- *Primary care prescribers are not required to allocate more time for consultations that involve offering alternatives to antibiotic prescribing. Studies show that this can be done within the same average consultation time while maintaining a high degree of patient satisfaction.<sup>8</sup>*

### 2.2 Supporting tools

- Royal College of General Practitioners (RCGP) [Treat Antibiotics Responsibly, Guidance, Education and Tools \(TARGET\) Antibiotics Toolkit](#):
  - [TARGET – Guides, Updates and News](#)
  - [TARGET – Leaflets to share with patients](#)
  - [Urinary tract infection \(UTI\) Resource Suite](#)
  - [Leaflets to share with patients](#)
  - [Resources for clinical and waiting areas](#)
  - [Audit toolkits, self-assessment and action planning](#)
  - [Antibiotic and diagnostic quick reference tools](#)
  - [Training resources](#)
  - [TARGET Trainers and Training](#)
  - [Information for commissioners](#)
- AWMSG (2021): Primary Care Antimicrobial Guidelines [*in development*]
- National Institute for Health and Care Excellence (NICE) (2021): [Antimicrobial stewardship](#)
- ECDC: [Materials for primary care prescribers](#)

### 3.0 Audit method

The audits below are for the use of health board medicines management teams, cluster pharmacists, practices pharmacists or individual prescribers. A range of criteria is provided to enable users to focus on specific areas of prescribing; it is not envisaged that all audit options would be undertaken in a general practice in one year. It is recommended that this work is carried out by clinicians to enhance ownership and lead to more effective, broader change.

Prescribing data should be considered and a decision reached as to which elements of the tool are most likely to have a positive impact on prescribing practice. This may mean focusing on antibiotic groups, where specific issues are identified, or looking at prescribing in clinical scenarios where number of antibiotic prescriptions is an issue.

#### 3.1 Setting standards

Setting standards is difficult, and reasonable targets for some of the criteria will vary depending on many factors. Completion of the audit to obtain baseline data may assist prescribers in setting more appropriate standards for future audits; however, any re-auditing should demonstrate movement towards the currently suggested standards.

#### 3.2 Sample size

Prescribers should ensure that an adequate number of consultations are analysed to determine compliance with the audit standards and to provide a basis for discussion.

Consider the following:

- If undertaking an in-depth review of a single specific audit section, consider assessing ten cases per prescriber within the practice.
- If undertaking several audit sections, a smaller case selection may be appropriate.
- Ideally, at least 20 consultations should be analysed to determine overall compliance with current guidelines.

## All Wales Medicines Strategy Group

- It is recommended that the sample size for a GP practice should scale with the size of the practice patient list size as follows:

| GP practice list size | Recommended sample size |
|-----------------------|-------------------------|
| < 5,000               | 20                      |
| 5,000–7,499           | 25                      |
| 7,500–9,999           | 30                      |
| 10,000+               | 35                      |

### 3.3 Audit data

It is likely that discussing recent antimicrobial prescribing data with health board prescribing advisors would help to ensure that any focus delivers maximum effect.

Health boards are encouraged to include these audits within their Clinical Effectiveness Prescribing Programme (CEPP). For many, this may be a priority due to the impact of healthcare-acquired infection (HCAI) and increasing antimicrobial resistance (with subsequent treatment failure) placing pressure on unscheduled care.

If possible, please send your anonymised audit results to [awttc@wales.nhs.org](mailto:awttc@wales.nhs.org). This will allow the All Wales Therapeutics and Toxicology Centre (AWTTC) to identify any common trends across Wales and cases of best practice in driving improvement.

## 4.0 Quantity of prescribing – Primary care

### 4.1 Antibiotic prescribing for sore throat

#### Background

AWMSG NPI: Antibacterial items per 1,000 STAR-PU

The development of antibiotic NPIs supports one of the core elements of the Welsh Antimicrobial Resistance Programme: to inform, support and promote the prudent use of antimicrobials.

#### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition   | Comments  | Medicine  | Adult dose  | Duration of treatment   |
|---|---|---|---|---|
| <b>Acute sore throat</b> <ul style="list-style-type: none"> <li>• <a href="#">NICE CKS</a> (2024)</li> <li>• <a href="#">NICE NG84</a> (2023)</li> <li>• <a href="#">NICE DG38</a> (2021)</li> <li>• <a href="#">ESCMID</a> (2012)</li> </ul> | <b>Avoid antibiotics</b> as 90% resolve in 7 days without, and pain only reduced by 16 hours. <ul style="list-style-type: none"> <li>• Antibiotics to prevent quinsy NNT &gt; 4,000</li> <li>• Antibiotics to prevent otitis media NNT 200</li> </ul> Advise paracetamol, or ibuprofen (if suitable). Medicated lozenges may help pain in adults. |   |   |   |
|   | <b>FeverPAIN criteria</b><br>(score 1 point each)   |   | <b>Centor criteria</b><br>(score 1 point each)  |   |
|   | <b>Fever</b> (during previous 24 hours)   |   | Tonsillar exudate   |   |
|   | <b>Purulence</b> (pus on tonsils)   |   | Tender anterior cervical lymphadenopathy or lymphadenitis   |   |
| <b>Attend rapidly</b> (<3 days after onset of symptoms)   |   | History of fever (over 38°C)  |   |   |
| <b>Severely Inflamed tonsils</b>  |   | Absence of cough  |   |   |
| <b>No cough or coryza</b> (inflammation of mucus membranes in the nose)   |   |   |   |   |
| <b>FeverPAIN 0–1 or Centor 0–2:</b>   |   | No antibiotic   |   | When an antibiotic is not prescribed, please consider using the ' <a href="#">TARGET Treating your Infection</a> ' leaflet (RCGP), available in multiple languages. |
| <b>FeverPAIN 2 – 3:</b>   |   | No antibiotic (Back-up delayed antibiotic prescription can be issued if appropriate – please see prescribing options below) |   |   |
| <b>FeverPAIN 4 – 5 or Centor 3 – 4:</b><br>Consider back-up/delayed prescription (to be used if symptoms don't improve within 3-5 days) or immediate prescription for antibiotics.  |   | <i>First line:</i><br>Phenoxymethylpenicillin   | 500 mg QDS or 1 g BD<br>(See <a href="#">British National Formulary for Children [BNFc]</a> for dosing in children) | 5 days.<br>If patient is immunocompromised, confirmed Group A <i>Streptococcus</i> infection or has a problematic recurrence of infection: 10 days.                 |
|   |   | <i>Penicillin allergy:</i><br>Clarithromycin  | 250–500 mg BD<br>(See <a href="#">BNFc</a> for dosing in children)  | 5 days  |
|   |   | <i>Penicillin allergy and pregnant:</i><br>Erythromycin   | 250–500 mg QDS or<br>500 mg–1 g BD  | 5 days  |

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### Method

There is a choice of two methods for identifying cases in this audit:

- Method 1 searches by Read Code diagnosis; it therefore identifies all patients who presented with a sore throat. The patients may or may not have received an antibiotic and this method will highlight the choice of antibiotic for sore throat. The figure for percentage of patients receiving antibiotics should be interpreted with caution as this will vary considerably depending on the Read Codes audited.
  - Please note, as and when SNOMED codes are more routinely used across Wales, this document will be updated to include a list of relevant codes.
- Method 2 searches by antibiotic (penicillin) and therefore focuses on patients who have received an antibiotic and the criteria used to inform prescribing

For both methods, only the most recent episode for an individual patient should be considered. Patients with recurrent throat infections should be excluded where another episode has been diagnosed in the previous eight weeks as this may be indicative of treatment failure with first-line treatment. Start the searches using a 3-month window and extend if necessary to reach the required number of cases.

### Method 1: Sore throat, search by Read Code diagnosis

Assess a reasonable sample of records with a diagnosis of sore throat (see section on [Sample size](#)). To identify the sample, perform a search using an appropriate selection of the following Read Codes:

|       |   |       |                                |
|-------|---|-------|--------------------------------|
| 1C9   | Sore throat symptom                         | H02-3 | Throat infection – pharyngitis |
| 1C9-1 | Throat soreness                             | H024  | Acute viral pharyngitis        |
| 1C92  | Has a sore throat                           | H02z  | Acute pharyngitis – NOS        |
| 1CB3  | Throat pain                                 | H03   | Acute tonsillitis              |
| 194   | Swallowing symptoms                         | H03-1 | Throat infection – tonsillitis |
| 1692  | Swollen glands                              | H03-2 | Tonsillitis                    |
| A340  | Streptococcal sore throat                   | H031  | Acute follicular tonsillitis   |
| H02   | Acute pharyngitis                           | H036  | Acute viral tonsillitis        |
| H02-1 | Sore throat – not otherwise specified (NOS) | H03z  | Acute tonsillitis – NOS        |
| H02-2 | Viral sore throat – NOS                     |       |                                |

Following the audit, complete the [Review Sheet](#).

**Data collection sheet (Method 1)**

An Excel version of this data collection sheet is available on the [AWTTC website](#).

| Patient ID      | Severity assessment  |  |   | Prescribing strategy taken   |     |  |   | If antibiotics prescribed |   |  |  | Patient information |  |  |  |  |      |  |
|-----------------|--|--|---|--|-----|--|---|---------------------------|---|--|--|---------------------|--|--|--|--|------|--|
|                 | FeverPAIN or Centor used?<br>• FeverPAIN [FP]<br>• Centor [C]<br>• Neither [Nil] |  |   | FeverPAIN or Centor score: (Calculate with information to hand, if not already done)<br>• No antibiotics offered (usually FP 0–1 or C≤2) [NIL]<br>• Back-up delayed prescription (usually FP 2–3) [BU]<br>• Immediate prescription (usually FP 4–5 or C 3–4) [I] |     |  | Decision to prescribe/not to prescribe in line with guidelines OR deviation justified?<br>• Yes [Y]<br>• No [N] |                           | Antibiotic choice (including dose, frequency and duration)<br>Antibiotic choice correct?<br>• Yes [Y]<br>• No [N] |  | Dose and frequency correct?<br>• Yes [Y]<br>• No [N] |                     | Duration correct?<br>• Yes [Y]<br>• No [N] |  | Patient given information leaflet or signposted to information?<br>• Yes [Y]<br>• No [N] |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
|                 |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
| <b>Total</b>    | FP   |  | C |  | Nil |  | BU  |                           | I   |  | Yes  |                     | Yes  |  | Yes  |  | Yes  |  |
| <b>%</b>        |  |  |   |  |     |  |   |                           |   |  |  |                     |  |  |  |  |      |  |
| <b>Standard</b> |  |  |   |  |     |  |   |                           |   |  | 100%   |                     | 100%                                       |  | 100%   |  | 100% |  |



## 4.2 Antibiotic prescribing for acute rhinosinusitis

### Background

AWMSG NPI: Antibacterial items per 1,000 STAR-Pus

The development of antibiotic NPIs supports one of the core elements of the Welsh Antimicrobial Resistance Programme: to inform, support and promote the prudent use of antimicrobials.

### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition   | Comments  | Medicine  | Adult dose  | Duration of treatment |  |  |  |
|---|---|---|---|-----------------------|--|--|--|
| <b>Acute rhinosinusitis</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2024)</li> <li><a href="#">NICE NG79</a> (2017)</li> </ul> | <p><b>Avoid antibiotics</b> as 80% resolve in 14 days without, and they only offer marginal benefit after 7 days.</p> <p><b>Use adequate analgesia.</b></p> <p><b>Bacterial cause may be more likely if several of the following are present:</b><br/>                     Symptoms for more than 10 days<br/>                     Discoloured or purulent nasal discharge<br/>                     Severe localised unilateral pain (particularly pain over teeth and jaw)<br/>                     Fever<br/>                     Marked deterioration after an initial milder phase</p> <p><b>Symptoms for 10 days or less:</b> No antibiotic</p> <p><b>Symptoms with no improvement for &gt;10 days:</b><br/>                     No antibiotic.</p> <p>Consider prescribing a high-dose nasal corticosteroid for 14 days for adults and children aged 12 years and over (off-label use see <a href="#">NICE</a> guidance).<br/>                     (Back-up antibiotic prescription can be issued if appropriate – please see prescribing options below.) Consider back-up prescription (to be used if symptoms don't improve within 7 days or if they worsen rapidly or significantly at any time) or immediate antibiotic when purulent nasal discharge.</p> <p><b>Systemically very unwell, symptoms and signs of a more serious illness or condition, or high risk of complications:</b><br/>                     Immediate antibiotic<br/>                     Refer to hospital if:</p> <ul style="list-style-type: none"> <li>Severe systemic infection</li> <li>Intraorbital or periorbital complications</li> <li>Intracranial complication</li> </ul> | No antibiotic   | When an antibiotic is not prescribed, please consider using the ' <a href="#">TARGET Treating your Infection</a> ' leaflet (RCGP), available in multiple languages. |                       |  |  |  |
|   |   | <b>First line if symptoms for &gt; 10 days and delayed or immediate antibiotics are indicated</b>   |   |                       |  |  |  |
|   |   | Phenoxymethylpenicillin   | 500 mg QDS  | 5 days                |  |  |  |
|   |   | <i>Penicillin allergy:</i>  |   |                       |  |  |  |
|   |   | Doxycycline (if >12 years old)  | 200 mg stat then 100 mg OD  | 5 days                |  |  |  |
|   |   | <b>OR</b>   |   |                       |  |  |  |
|   |   | Clarithromycin (children < 12 years old)  | 500 mg BD (See <a href="#">BNFc</a> )   |                       |  |  |  |
|   |   | <b>OR</b>   |   |                       |  |  |  |
|   |   | Erythromycin (preferred if pregnant)  | 250–500 mg QDS  |                       |  |  |  |
|   |   | <b>First line if systemically very unwell, symptoms and signs of a more serious illness or condition, or high risk of complications OR Second line (worsening symptoms on first choice taken for at least 2 to 3 days):</b> |   |                       |  |  |  |
| Co-amoxiclav  | 625 mg TDS  | 5 days  |   |                       |  |  |  |

## All Wales Medicines Strategy Group

### Method

Assess a reasonable sample of records with a diagnosis of acute rhinosinusitis (see section on [Sample size](#)). Patients with recurrent or chronic sinus infections should be excluded. Search using the following Read Codes:

|      |                            |
|------|----------------------------|
| H010 | Acute maxillary sinusitis  |
| H011 | Acute frontal sinusitis    |
| H012 | Acute ethmoidal sinusitis  |
| H013 | Acute sphenoidal sinusitis |
| H014 | Acute rhinosinusitis       |
| H01y | Other acute sinusitis      |
| H01z | Acute sinusitis            |

Start the searches using a 3-month window and extend it if necessary to reach the required number of cases.

Following the audit, complete the [Review Sheet](#).

Please note, as and when SNOMED codes are more routinely used across Wales, this document will be updated to include a list of relevant codes.



## All Wales Medicines Strategy Group

### 4.3 Antibiotic prescribing for acute otitis media

#### Background

AWMSG NPI: Antibacterial items per 1,000 STAR-PUs

The development of antibiotic NPIs supports one of the core elements of the Welsh Antimicrobial Resistance Programme: to inform, support and promote the prudent use of antimicrobials.

#### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition  | Comments  | Medicine   | Adult dose                             | Duration of treatment |
|--|---|--|--|-----------------------|
| <b>Acute otitis media (in children)</b> <ul style="list-style-type: none"> <li><a href="#">NICE NG91 (2022)</a></li> </ul> | <p>Otitis media can be caused by viruses and bacteria. It is difficult to distinguish and both are often present at the same time.</p> <p><b>Optimise analgesia: Paracetamol or ibuprofen</b> should be used regularly for pain at the right dose (for age or weight) and at the right time; and <b>maximum doses</b> for severe pain. Consider eardrops containing an anaesthetic and an analgesic for pain.</p> <p>For children and young people who may be less likely to benefit from antibiotics, <b>consider NO antibiotic</b> taking account of:</p> <ul style="list-style-type: none"> <li><b>Otitis media is mostly self-limiting.</b> Most get better within 3 days without antibiotics, but it can last for up to 1 week.</li> <li><b>Antibiotics make little difference to symptoms.</b></li> <li><b>Antibiotics make little difference to the rates of common complications</b> like recurrence of infection, hearing loss (which is usually temporary) and perforated eardrum.</li> <li><b>Mastoiditis is rare with or without antibiotics.</b> Antibiotics to prevent mastoiditis NNT &gt; 4000.</li> </ul> <p>For children <b>more</b> likely to benefit from antibiotics (i.e. <b>&lt; 2 years with infection in both ears OR children of any age with otorrhoea</b>), <b>consider no antibiotic prescription, back-up delayed antibiotics, or immediate antibiotics.</b></p> <p>For children who are <b>systemically very unwell</b>, have symptoms or <b>signs of a more serious illness</b>, or are at <b>high risk of serious complications</b> because of pre-existing comorbidity, <b>offer immediate antibiotics.</b> Pre-existing comorbidity include:</p> <ul style="list-style-type: none"> <li>Significant heart, lung, renal, liver or neuromuscular disease</li> <li>Immunosuppression</li> <li>Cystic fibrosis</li> <li>Young children who were born prematurely.</li> </ul> <p><b>Safety netting:</b></p> <ul style="list-style-type: none"> <li><b>No antibiotic</b> – Seek medical help if symptoms worsen rapidly or significantly, do not start to improve after 3 days, or child becomes systemically very unwell.</li> <li><b>Back-up delayed antibiotic</b> – Advise to use if symptoms do not start to improve within 3 days, or if they worsen rapidly or significantly at any time. Seek medical help if symptoms worsen rapidly or significantly, or child becomes systemically very unwell.</li> <li><b>Immediate antibiotic</b> – Seek medical help if symptoms worsen rapidly or significantly, or child becomes systemically very unwell.</li> </ul> | <p><b>If NO immediate antibiotic required, for pain relief offer oral analgesia and consider the use of eardrops below:</b></p> <p>Phenazone 40mg/g with lidocaine 10mg/g<br/> <b>Use only if all apply:</b></p> <ul style="list-style-type: none"> <li><b>Immediate oral antibiotic is not given</b></li> <li><b>No eardrum perforation</b></li> <li><b>No otorrhoea</b></li> </ul> | Apply 4 drops two or three times a day | Up to 7 days          |
|  | <p>Consider using the '<a href="#">When Should I Worry?</a>' booklet or a '<a href="#">TARGET Treating your Infection</a>' leaflet (RCGP), available in multiple languages.</p> <p><b>If an antibiotic required:</b></p>  |  |  |                       |
|  | <p><b>First line</b></p>  | <p>Amoxicillin</p> <p>See <a href="#">BNFc</a></p> <p>5–7 days</p>   |  |                       |
|  |   | <p><i>Penicillin allergy:</i><br/>Clarithromycin</p> <p>See <a href="#">BNFc</a></p> <p>5–7 days</p>   |  |                       |
| <p><b>Second line</b><br/>(If symptoms worsening on first line option taken for at least 2–3 days)</p>                     | <p>Co-amoxiclav</p> <p>See <a href="#">BNFc</a></p> <p>5–7 days</p>   |  |  |                       |
|  | <p><i>Penicillin allergy:</i><br/>Consult local microbiologist</p>  |  |  |                       |

**Method**

Assess a reasonable sample of records with a diagnosis of acute otitis media (see section on [Sample size](#)). Patients with chronic otitis media should be excluded. Search using the following Read Codes:

|         |  |         |   |
|---------|--|---------|---|
| 2D94.00 | O/E - tympanic membrane pink                                       | F510011 | Acute secretory otitis media            |
| 2D95.00 | O/E - tympanic membrane red  | F510100 | Acute serous otitis media               |
| 2D96.00 | O/E - tympanic membrane bulging                                    | F510200 | Acute mucoid otitis media               |
| F51..00 | Non-suppurative otitis media + eustachian tube disorders           | F510z00 | Acute nonsuppurative otitis media NOS   |
| F510.00 | Acute non suppurative otitis media                                 | F514.00 | Unspecified nonsuppurative otitis media |
| F510000 | Acute otitis media with effusion                                   | F514100 | Serous otitis media NOS                 |
| F514200 | Catarrhal otitis media NOS   | F520z00 | Acute suppurative otitis media NOS      |
| F514300 | Mucoid otitis media NOS  | F524.00 | Purulent otitis media NOS               |
| F514z00 | Nonsuppurative otitis media NOS                                    | F524000 | Bilateral suppurative otitis media      |
| F52..00 | Suppurative and unspecified otitis media                           | F526.00 | Acute left otitis media                 |
| F520.00 | Acute suppurative otitis media                                     | F527.00 | Acute right otitis media                |
| F520000 | Acute suppurative otitis media tympanic membrane intact            | F528.00 | Acute bilateral otitis media            |
| F520100 | Acute suppurative otitis media tympanic membrane ruptured          | F52z.00 | Otitis media NOS                        |
| F520300 | Acute suppurative otitis media due to disease elsewhere classified | F52z.11 | Infection ear                           |

Start the searches using a 3-month window and extend it if necessary to reach the required number of cases.

Following the audit, complete the [Review Sheet](#).

Please note, as and when SNOMED codes are more routinely used across Wales, this document will be updated to include a list of relevant codes.



4.4 Antibiotic prescribing for lower urinary tract infections (UTIs) in patients ≥ 65 years

Background

AWMSG NPI: Antibacterial items per 1,000 STAR-PU

The development of antibiotic NPIs supports one of the core elements of the Welsh Antimicrobial Resistance Programme: to inform, support and promote the prudent use of antimicrobials.

Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition                        | Comments   | Medicine   | Adult dose   | Duration of treatment                                 |   |            |
|----------------------------------|--|--|--|---|---|------------|
| Lower UTI in patients ≥ 65 years | <p><b>Treat according to sensitivities on recent mid-stream sample of urine (MSU) results if available, otherwise treat empirically.</b></p> <p><b>Do not treat asymptomatic bacteriuria</b> except in exceptional circumstances after consultation with a relevant specialist team (e.g. urology, renal transplant teams, etc.); it is common in adults ≥ 65 years but is not associated with increased morbidity.</p> <p><b>Do not dipstick in patients ≥ 65 years of age.</b> Diagnosis should be made on assessment of symptoms. If a dipstick is performed in a patient ≥ 65 years old, a negative result may exclude a UTI, BUT a positive result has NO value and does not suggest the presence of a UTI.</p> <p><b>Men:</b> If symptoms mild/non-specific, use negative dipstick to <b>exclude UTI</b>. If infection is indicated, consider prostatitis and send pre-treatment MSU.</p> <p><b>Nitrofurantoin is not recommended for men with suspected prostate involvement</b> because it is unlikely to reach therapeutic levels in the prostate.</p> <p><b>NB:</b> <a href="#">Nitrofurantoin</a>, pivmecillinam and fosfomycin are not appropriate for the treatment of upper UTI/pyelonephritis.</p> <p>Resistance to many agents is increasing, particularly in the elderly (≥ 65 years). <b>If high risk of resistance, send urine for microscopy, culture and sensitivity (MC&amp;S).</b></p> <p><b>Risk factors for increased resistance include:</b> care home resident; recurrent UTI; hospitalisation &gt; 7 days in the last 6 months; unresolved urinary symptoms; recent travel to a country with increased antimicrobial resistance (outside Northern Europe and Australasia), previous resistant UTI.</p> | First line   | Nitrofurantoin (if estimated glomerular filtration rate [eGFR] ≥ 45 ml/minute) | 100 mg m/r BD   | Uncomplicated - 3 days<br>Complicated - 7 days                          |            |
|                                  |  |  | <b>OR</b>  |   |   |            |
|                                  |  |  |  | Trimethoprim (only if recent MSU shows sensitivities) | 200 mg BD   |            |
|                                  |  |  |  | Second line   | Pivmecillinam (Warning: β-lactam, do not use if allergic to penicillin) | 400 mg TDS |
|                                  |  |  | <b>OR</b>  |   |   |            |
|                                  |  |  | Fosfomycin   | 3 g sachet  |   |            |
|                                  |  | <p><b>Complicated infection</b> defined as all males, females with renal impairment, abnormal urinary tract, poorly controlled diabetes or immunosuppression.</p> <p>Use nitrofurantoin first-line as general resistance and the prevalence of community multi-resistant extended-spectrum beta-lactamase <i>E. coli</i> is increasing. Trimethoprim should only be used if recent MSU shows sensitivities. Pivmecillinam and fosfomycin are alternative second line agents.</p> <p><b>If increased resistance risk</b>, send culture for susceptibility testing &amp; give safety net advice. If eGFR &lt; 45 ml/minute or elderly, consider pivmecillinam or fosfomycin.</p> |  |   |   |            |

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Clinical signs and symptoms of lower UTIs include new onset dysuria alone or two or more signs of infection: Temperature 1.5°C above patient's normal at least twice in 12 hours, new frequency or urgency, new incontinence, new or worsening delirium/debility, new suprapubic pain or visible haematuria. If fever and delirium/debility only, consider other causes before treating for UTI<sup>9</sup>.

If symptomatic, send urine for culture and treat with antibiotics as per guidelines/or consider back-up delayed antibiotics if mild symptoms in women without catheters at low risks of complications.

If asymptomatic: do not send urine for culture.

### Method

Assess a reasonable sample of records with a diagnosis of UTI (see section on [Sample size](#)). Exclude those under 65 years of age, patients with catheter-associated UTI and patients with acute pyelonephritis. Search using the following Read Codes:

|      |                         |
|------|-------------------------|
| R081 | Dysuria                 |
| K15  | Cystitis                |
| K190 | Urinary tract infection |
| 1J4  | Suspected UTI           |

Following the audit, complete the [Review Sheet](#).

Please note, as and when SNOMED codes are more routinely used across Wales, this document will be updated to include a list of relevant codes.



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### 4.5 Antibiotic prescribing for acute cough/acute bronchitis

#### Background

AWMSG NPI: Antibacterial items per 1,000 STAR-PU's

The development of antibiotic NPIs supports one of the core elements of the Welsh Antimicrobial Resistance Programme: to inform, support and promote the prudent use of antimicrobials.

#### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition   | Comments   | Medicine                                  | Adult dose  | Duration of treatment |
|---|--|---|---|-----------------------|
| <b>Acute cough, bronchitis</b> <ul style="list-style-type: none"> <li>• <a href="#">NICE CKS</a> (2023)</li> <li>• <a href="#">NICE NG120</a> (2022)</li> </ul> | <p><b>Antibiotics are of little benefit if there is no co-morbidity</b></p> <ul style="list-style-type: none"> <li>• <i>First line:</i> self-care and safety netting advice.</li> <li>• <i>Second line:</i> Consider a back-up delayed antibiotic prescription with safety netting advice and advise that symptom resolution can take 3 weeks.</li> </ul> <p><b>Offer immediate antibiotics</b> for people with an acute cough who are identified as systemically very unwell (ideally at a face-to-face clinical examination)</p> <p><b>Consider immediate or back-up antibiotics</b> for patients at higher risk of complications (ideally at a face-to-face clinical examination). Higher risk of complications if they:</p> <ul style="list-style-type: none"> <li>• have a pre-existing comorbidity, such as significant heart, lung, renal, liver or neuromuscular disease, immunosuppression or cystic fibrosis</li> <li>• are young children who were born prematurely</li> <li>• are ≥ 65 years with TWO or more of the following criteria, or ≥ 80 years with ONE or more of the following criteria: <ul style="list-style-type: none"> <li>• hospitalisation in previous year</li> <li>• type 1 or type 2 diabetes</li> <li>• history of congestive heart failure</li> <li>• current use of oral corticosteroids.</li> </ul> </li> </ul> <p><b>If available, consider C-reactive protein (CRP)</b> if antibiotic is being considered:</p> <ul style="list-style-type: none"> <li>• No antibiotics if CRP &lt; 20mg/L and symptoms for &gt;24 hours.</li> <li>• Delayed antibiotics if CRP 20–100 mg/L.</li> <li>• Immediate antibiotics if CRP &gt; 100mg/L.</li> </ul> | No antibiotic                             | When an antibiotic is not prescribed, please consider using the ' <a href="#">TARGET Treating your Infection</a> ' leaflet (RCGP), available in multiple languages. |                       |
|   |  | Amoxicillin                               | 500 mg TDS  | 5 days                |
|   |  | <i>Penicillin allergy:</i><br>Doxycycline | 200 mg stat then 100 mg OD  | 5 days                |

**Recommendations from NICE Guideline 120 Cough (acute): antimicrobial prescribing<sup>10</sup>**

*Do not offer an antibiotic to treat an acute cough associated with an upper respiratory tract infection in people who are not systemically very unwell or at higher risk of complications. Give advice about why an antibiotic is not needed.*

**Acute cough associated with acute bronchitis**

*Do not routinely offer an antibiotic to treat an acute cough associated with acute bronchitis in people who are not systemically very unwell or at higher risk of complications.*

*Be aware that:*

- *antibiotics do not improve the overall clinical condition of people with acute bronchitis*
- *antibiotics make little difference to how long symptoms of acute bronchitis last (on average they shorten cough duration by about half a day)*
- *antibiotics have possible adverse effects, particularly diarrhoea and nausea.*

*When no antibiotic prescription is given, give advice about why an antibiotic is not needed.*

*If an antibiotic prescription is given, give advice about possible adverse effects of the antibiotic, particularly diarrhoea and nausea.*

**Acute cough in people who are systemically very unwell or at higher risk of complications**

*For people with an acute cough who are identified as systemically very unwell (ideally at a face-to-face clinical examination), offer an immediate antibiotic prescription.*

*Be aware that people with an acute cough may be at higher risk of complications if they:*

- *have a pre-existing comorbidity, such as significant heart, lung, renal, liver or neuromuscular disease, immunosuppression or cystic fibrosis*
- *are young children who were born prematurely*
- *are older than 65 years with 2 or more of the following criteria, or older than 80 years with 1 or more of the following criteria:*
  - *hospitalisation in previous year*
  - *type 1 or type 2 diabetes*
  - *history of congestive heart failure*
  - *current use of oral corticosteroids.*

*For people with an acute cough who are identified as at higher risk of complications (ideally at a face-to-face clinical examination), consider:*

- *an immediate antibiotic prescription **or***
- *a back-up antibiotic prescription.*

*When an immediate antibiotic prescription is given, give advice about possible adverse effects of the antibiotic, particularly diarrhoea and nausea.*

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When a back-up antibiotic prescription is given, give advice about:

- an antibiotic not being needed immediately
- using the back-up prescription if symptoms worsen rapidly or significantly at any time.

### Back-up delayed prescribing

It has been suggested that asking the patient to return to the practice reception or a nominated pharmacy is more effective than handing the back-up delayed prescription to the patient. An agreement with the pharmacist to return uncollected prescriptions can be informative for the prescriber.

Information for the patient can be issued during a consultation to support no prescribing or back-up delayed prescribing.

### Method

Assess a reasonable sample of records both adults and children, with a diagnosis of acute cough/acute bronchitis (see section on [Sample size](#)). To identify the sample, perform a search using an appropriate selection of the following Read Codes:

|        |   |         |  |
|--------|---|---------|--|
| 171    | Cough   | H062    | Acute lower RTI                          |
| 1712   | Dry cough                                     | H06z0   | Chest infection NOS                      |
| 1714   | Productive cough- green sputum                | H06z0-1 | Chest infection                          |
| 1719   | Chesty cough                                  | H06z1   | Lower RTI                                |
| 171F   | Cough with fever                              | H06z1-2 | Acute lower RTI                          |
| 171z   | Cough symptoms                                | h0z     | Acute respiratory infection NOS          |
| H051   | Acute upper respiratory tract infection (RTI) | H30     | Bronchitis unspecified                   |
| H05z   | Upper respiratory infection NOS               | H30-1   | Chest infection - unspecified bronchitis |
| H05z-1 | Upper RTI                                     | H302    | Wheezy bronchitis                        |
| H05z-2 | Viral upper respiratory tract infection       | H30z    | Bronchitis NOS                           |
| H060   | Acute bronchitis                              | H5yy-1  | Respiratory infection NOS                |
| H060-1 | Acute wheezy bronchitis                       | R062    | [D] Cough                                |
| H060z  | Acute bronchitis NOS                          |         |  |

Start the searches using a 3-month window and extend it if necessary to reach the required number of cases.

Following the audit, complete the [Review Sheet](#).

Please note, as and when SNOMED codes are more routinely used across Wales, this document will be updated to include a list of relevant codes.

**Data collection sheet**

An Excel version of this data collection sheet is available on the [AWTTC website](#).

| Patient ID      | Documented both temperature and chest examination?                            | Additional clinical features of severity/systemic upset recorded (pulse, respiratory rate or oximetry)? | Antibiotic prescribed?  |  |   | Decision to prescribe/not to prescribe in line with guidelines OR deviation justified? | If antibiotic supplied, is the antibiotic choice as per guidance?             | Antibiotic prescribed (record name, dose, frequency and duration) |
|-----------------|---|---|---|--|---|--|---|---|
|                 | <ul style="list-style-type: none"> <li>• Yes [Y]</li> <li>• No [N]</li> </ul> | <ul style="list-style-type: none"> <li>• 2 or more = Yes [Y]</li> <li>• &lt; 2 = No [N]</li> </ul>      | <ul style="list-style-type: none"> <li>• No antibiotic offered [Nil]</li> <li>• Immediate prescription [I]</li> <li>• Back-up delayed [BU]</li> </ul> |  |   | <ul style="list-style-type: none"> <li>• Yes [Y]</li> <li>• No [N]</li> </ul>          | <ul style="list-style-type: none"> <li>• Yes [Y]</li> <li>• No [N]</li> </ul> |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
|                 |   |   |   |  |   |  |   |   |
| <b>Total</b>    |   |   | Nil   |  | I |  | BU  |   |
| <b>% Yes</b>    |   |   |   |  |   |  |   |   |
| <b>Standard</b> | <b>100%</b>   |   |   |  |   | <b>100%</b>  | <b>100%</b>   |   |

## 5.0 Quality of prescribing – Primary care

### 5.1 Fluoroquinolone prescribing

#### Background

AWMSG NPI: 4C items per 1,000 patients

#### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition   | Comments   | Medicine  | Adult dose  | Duration of treatment                              |                      |           |  |
|---|--|---|---|--|----------------------|-----------|--|
| <b>Acute pyelonephritis (upper UTI)</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2021)</li> </ul>                             | <p>If admission not needed, send MSU for MC&amp;S and start antibiotics. Reassess the person if symptoms worsen at any time, or do not start to improve within 48 hours of taking the antibiotic.</p> <p><b>Refer pregnant women with pyelonephritis to secondary care for IV antibiotics.</b></p> <p><b>Treat according to sensitivities on recent MSU results if available, otherwise treat empirically.</b></p>   | Cefalexin   | 500 mg BD or TDS (up to 1–1.5 g TDS–QDS for severe infections)  | 7–10 days  |                      |           |  |
|   |  | <b>OR</b>   |   |  |                      |           |  |
|   |  | Trimethoprim (if susceptible)   | 200 mg BD   | 14 days  |                      |           |  |
|   |  | <b>OR</b>   |   |  |                      |           |  |
|   |  | Co-amoxiclav (if susceptible)   | 625 mg TDS  | 7–10 days  |                      |           |  |
|   |  | <b>OR</b>   |   |  |                      |           |  |
|   |  | Ciprofloxacin (consider safety issues – see <a href="#">Medicines and Health care Products Regulatory Agency (MHRA) advice</a> ). | 500 mg BD   | 7 days   |                      |           |  |
| <b>Acute prostatitis</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2020)</li> <li><a href="#">NICE NG110</a> (2018)</li> </ul> | <p>Send MSU for culture and start antibiotics.</p> <p>A 4 week course may prevent chronic prostatitis.</p> <p>Fluoroquinolones achieve higher prostate levels. See <a href="#">MHRA advice</a> for restrictions and precautions for using fluoroquinolones due to very rare reports of disabling and potentially long-lasting or irreversible side effects affecting musculoskeletal, cardiac and nervous systems. Warnings include stopping treatment at first signs of serious adverse reaction (such as tendonitis), prescribing with special caution in people over 60 years and avoiding co-administration with a corticosteroid (December 2020).</p> | First line  | Ciprofloxacin (consider safety issues – see <a href="#">MHRA advice</a> ).  | 500 mg BD  | 14 days, then review |           |  |
|   |  |   | <b>OR</b>   |  |                      |           |  |
|   |  |   | Ofloxacin (consider safety issues – see <a href="#">MHRA advice</a> ).  | 200 mg BD  |                      |           |  |
|   |  |   |   | <b>OR</b>  |                      |           |  |
|   |  |   |   | Trimethoprim (if unable to take a fluoroquinolone) |                      | 200 mg BD |  |
|   |  | Second line   | After discussion with specialist: Co-trimoxazole (when there is C&S and good reasons to prefer this combination to a single antibiotic) | 960 mg BD  |                      |           |  |
| <b>OR</b>   |  |   |   |  |                      |           |  |
|   | After discussion with specialist: Levofloxacin (consider safety issues – see <a href="#">MHRA advice</a> ).  | 500 mg OD   |   |  |                      |           |  |

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| Condition   | Comments  | Medicine  | Adult dose   | Duration of treatment              |        |
|---|---|---|--|------------------------------------|--------|
| <b>Non-specific/non-gonococcal urethritis – first episode</b> <ul style="list-style-type: none"> <li>• <a href="#">BASHH</a> (2018)</li> <li>• <a href="#">NICE CKS</a> (2019)</li> </ul> | Patients should abstain from sexual intercourse until 14 days after start of treatment and symptoms have resolved.<br><br>Treat partners and refer to Sexual Health service.  | First line  | Doxycycline  | 100 mg BD                          | 7 days |
|   |   | Second line   | Azithromycin   | 1 g stat then 500 mg OD for 2 days | 3 days |
|   |   |   | <b>OR</b><br>Levofloxacin<br>(consider safety issues – see <a href="#">MHRA advice</a> ) | 500 mg OD                          | 7 days |
| <b>Epididymo-orchitis</b> <ul style="list-style-type: none"> <li>• <a href="#">BASHH</a> (2020)</li> <li>• <a href="#">NICE CKS</a> (2021)</li> </ul>                                     | Usually due to Gram-negative enteric bacteria in men over 35 years old with low risk of STI.<br><br>If under 35 years old or STI risk, refer to Genitourinary Medicine (GUM) for additional IM ceftriaxone treatment. Use of an oral cephalosporin instead of IM preparations is not recommended due to increasing resistance.  | <b>If over 35 years with low risk STI:</b><br>Levofloxacin<br>(consider safety issues – see <a href="#">MHRA advice</a> ) | 500 mg OD  | 10 days                            |        |
|   |   | <b>OR</b><br><br>Co-amoxiclav<br>(If quinolones are contra-indicated)   | 625 mg TDS   |                                    |        |
| <b>Pelvic inflammatory disease</b> <ul style="list-style-type: none"> <li>• <a href="#">BASHH</a> (2019)</li> <li>• <a href="#">NICE CKS</a> (2019)</li> </ul>                            | Refer patient and contacts to Sexual Health service. Always culture for gonorrhoea and chlamydia and test for Mycoplasma genitalium. 28% of gonorrhoea isolates are now resistant to quinolones, therefore if gonorrhoea likely (partner has it, severe symptoms, sex abroad) use ceftriaxone regimen or refer to Sexual Health service. Use of an oral cephalosporin instead of IM preparations is not recommended due to increasing resistance.<br><br><b>Exclude:</b> ectopic pregnancy, appendicitis, endometriosis, UTI, irritable bowel, complicated ovarian cyst, functional pain. | Metronidazole   | 400 mg BD  | 14 days                            |        |
|   |   | <b>PLUS</b><br>Levofloxacin<br>(consider safety issues – see <a href="#">MHRA advice</a> )                                | 500 mg OD  | 14 days                            |        |
|   |   | <b>If high risk of gonorrhoea:</b><br>Ceftriaxone   | 1 g IM   | Stat                               |        |
|   |   | <b>PLUS</b><br>Metronidazole  | 400 mg BD  | 14 days                            |        |
|   |   | <b>PLUS</b><br>Doxycycline  | 100 mg BD  | 14 days                            |        |

Fluoroquinolones may also be required in response to sensitivity results where a preferred agent is not suitable due to resistance.

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### Method

Assess a reasonable sample of records per prescriber with prescription of a fluoroquinolone (see section on [Sample size](#)). Exclude prescriptions given for traveller's diarrhoea or *Helicobacter pylori* eradication.

Identify prescriptions for the following **oral** medicines:

- Ciprofloxacin
- Levofloxacin
- Ofloxacin

Start the searches using a 3-month window and extend it if necessary to reach the required number of cases.

Following the audit, complete the [Review Sheet](#).



## All Wales Medicines Strategy Group

### 5.2 Cephalosporin prescribing

#### Background

AWMSG NPI: 4C items per 1,000 patients

#### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition  | Comments   | Medicine   | Adult dose   | Duration of treatment |
|--|--|--|--|-----------------------|
| <b>Acute pyelonephritis (upper UTI)</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2021)</li> </ul>  | <p>If admission not needed, send MSU for MC&amp;S and start antibiotics.</p> <p>If no response within 24 hours, admit.</p> <p><b>Refer pregnant women with pyelonephritis to secondary care for intravenous (IV) antibiotics.</b></p> <p><b>Treat according to sensitivities on recent MSU results if available, otherwise treat empirically.</b></p>  | Cefalexin  | 500 mg BD or TDS (up to 1–1.5 g TDS–QDS for severe infections) | 7–10 days             |
|  |  | <b>OR</b>  |  |                       |
|  |  | Trimethoprim (if susceptible)  | 200 mg BD  | 14 days               |
|  |  | <b>OR</b>  |  |                       |
|  |  | Co-amoxiclav (if susceptible)  | 625 mg TDS   | 7–10 days             |
|  |  | <b>OR</b>  |  |                       |
|  |  | Ciprofloxacin (consider safety issues – see <a href="#">MHRA advice</a> ). | 500 mg BD  | 7 days                |
| <b>Acute pyelonephritis in pregnancy</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2021)</li> </ul> | <p>Referring or seeking specialist advice for people with acute pyelonephritis if they are pregnant is recommended.</p> <p>If admission not needed, send MSU for culture and sensitivities and start antibiotics.</p> <p>If no response within 24 hours, admit.</p> <p>Advise patient to seek medical help if symptoms worsen at any time or do not start to improve within 48 hours of taking the antibiotic, or become systemically very unwell.</p> | Cefalexin  | 500 mg BD or TDS (up to 1–1.5 g TDS–QDS for severe infections) | 7–10 days             |

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| Condition   | Comments   | Medicine   | Adult dose               | Duration of treatment |
|---|--|--|--------------------------|-----------------------|
| <b>UTI in pregnancy</b> <ul style="list-style-type: none"> <li>• <a href="#">PHE – UTI: diagnostic tools for primary care</a> (2021)</li> <li>• <a href="#">NICE CKS</a> (2021)</li> </ul>  | <p>Send MSU for culture and start antibiotics.</p> <p>Short-term use of <a href="#">nitrofurantoin in pregnancy</a> is unlikely to cause problems to the foetus. Avoid at term and close to or during labour or delivery due to risk of neonatal haemolysis. This includes patients with threatened pre-term labour.</p> <p><b>Treatment of asymptomatic bacteriuria in pregnant women:</b> base choice on recent urine MC&amp;S results. If group B <i>Streptococcal</i> bacteriuria is identified ensure antenatal services are made aware as in addition to treatment at the time of diagnosis intrapartum antibiotic prophylaxis will be required.</p> | First line<br>Nitrofurantoin<br>(if eGFR ≥ 45 ml/minute.<br>Avoid at term - may produce neonatal haemolysis)   | 100 mg m/r BD            | 7 days                |
|   |  | OR<br>Amoxicillin<br>(If susceptible MC&S results)   | 500 mg TDS               |                       |
|   |  | Second line<br>Cefalexin   | 500 mg BD                |                       |
| <b>Lower UTI in children</b> <ul style="list-style-type: none"> <li>• <a href="#">PHE – UTI: diagnostic tools for primary care</a> (2021)</li> <li>• <a href="#">NICE CKS</a> (2019)</li> <li>• <a href="#">NICE CG54</a> (2018)</li> </ul> | <p>Send pre-treatment MSU for all children with suspected UTI.</p> <p>Child &lt; 3 months: refer urgently for assessment.</p> <p>Child ≥ 3 months: use positive nitrite to guide antibiotic use.</p> <p>Imaging: only refer if child &lt; 6 months, or recurrent or atypical UTI.</p>  | First line<br>Trimethoprim   | See <a href="#">BNFc</a> | 3 days                |
|   |  | OR<br>Nitrofurantoin<br>(if eGFR ≥ 45 ml/minute)<br><b>(Note high cost of liquid formulation - £452.09 per bottle, at the time of writing. Consider crushing tablets [off-license use] for whole tablet doses and where there is patient/carer acceptance)</b> |                          |                       |
|   |  | Second line<br>Cefalexin<br>(consider if trimethoprim not appropriate and liquid preparation required)   |                          |                       |
|   |  | OR<br>Amoxicillin<br>(If susceptible MC&S results)   |                          |                       |

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| Condition   | Comments  | Medicine                      | Adult dose   | Duration of treatment |            |
|---|---|-------------------------------|--|-----------------------|------------|
| <b>Upper UTI in children</b> <ul style="list-style-type: none"> <li><a href="#">NICE CG54</a> (2018)</li> </ul>                         | Refer all cases to a paediatrician for further investigation.<br>Send pre-treatment MSU for all children with suspected UTI.<br><b>Child &lt; 3 months:</b> refer urgently for assessment.<br><b>Child ≥ 3 months:</b> use positive nitrite to guide antibiotic use.<br>Imaging: only refer if child < 6 months, recurrent or atypical UTI.   | Co-amoxiclav (if susceptible) | See <a href="#">BNFc</a>   | 7–10 days             |            |
|   |   | <b>OR</b>                     |  |                       | Cefalexin  |
| <b>Acute diverticulitis</b> <ul style="list-style-type: none"> <li><a href="#">NICE NG147</a> (2019)</li> </ul>                         | People with mild, uncomplicated diverticulitis can be managed at home with paracetamol, clear fluids and antibiotics.<br>For people who are systemically well following clinical assessment consider a no antibiotic prescribing strategy and advise the person to re-present if symptoms persist or worsen.  | Cefalexin                     | 500 mg TDS (up to 1.5 g TDS for severe infections)   | 5 days                |            |
|   |   | <b>PLUS</b>                   | Metronidazole  |                       | 400 mg TDS |
|   |   | <b>OR</b>                     | Co-amoxiclav<br>(Please note increasing resistance rates. Advise patient to re-present if <b>symptoms persist or worsen</b> ). |                       | 625 mg TDS |
|   |   | <b>OR</b>                     | Co-trimoxazole   |                       | 960 mg BD  |
| <b>Biliary infection (cholecystitis/ cholangitis)</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2017)</li> </ul> | Urgent referral to secondary care is recommended for all cases of cholecystitis to assess the need for cholecystectomy.<br>Please note high mortality rate (up to 10%) associated with Acute Cholecystitis.<br>If for any reason, you are unable to comply with this advice recommendation for antibiotic treatment for mild cases is outlined below.<br>Biliary colic with no associated infection does not require antibiotics. | Cefalexin                     | 500 mg TDS (up to 1.5 g TDS for severe infections)   | 5–7 days              |            |
|   |   | <b>PLUS</b>                   | Metronidazole  |                       | 400 mg TDS |
|   |   | <b>OR</b>                     | Co-amoxiclav<br>(Please note increasing resistance rates. Advise patient to re-present if <b>symptoms persist or worsen</b> ). |                       | 625 mg TDS |
|   |   | <b>OR</b>                     | Co-trimoxazole   |                       | 960 mg BD  |
|   |   | <b>PLUS</b>                   | Metronidazole  | 400 mg TDS            |            |



## All Wales Medicines Strategy Group

### 5.3 Co-amoxiclav prescribing

#### Background

AWMSG NPI: 4C items per 1,000 patients

#### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition   | Comments   | Medicine  | Adult dose  | Duration of treatment |  |  |  |
|---|--|---|---|-----------------------|--|--|--|
| <b>Acute rhinosinusitis</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2021)</li> <li><a href="#">NICE NG79</a> (2017)</li> </ul>   | <p><b>Avoid antibiotics</b> as 80% resolve in 14 days without, and they only offer marginal benefit after 7 days.</p> <p><b>Use adequate analgesia.</b></p> <p><b>Symptoms for 10 days or less:</b><br/>No antibiotic</p> <p><b>Symptoms with no improvement for &gt;10 days:</b><br/>No antibiotic.<br/>(Back-up delayed antibiotic prescription can be issued if appropriate – please see prescribing options alongside.)<br/>Consider 7-day delayed or immediate antibiotic when purulent nasal discharge.</p> <p><b>Systemically very unwell, symptoms and signs of a more serious illness or condition, or high risk of complications:</b><br/>Immediate antibiotic<br/>Refer to hospital if:</p> <ul style="list-style-type: none"> <li>Severe systemic infection</li> <li>Intraorbital or periorbital complications</li> <li>Intracranial complication</li> </ul> | No antibiotic   | When an antibiotic is not prescribed, please consider using the ' <a href="#">TARGET Treating your Infection</a> ' leaflet (RCGP), available in multiple languages. |                       |  |  |  |
|   |  | <b>First line if symptoms for &gt; 10 days and delayed or immediate antibiotics are indicated</b> |   |                       |  |  |  |
|   |  | Amoxicillin   | 500 mg TDS<br>1 g TDS if severe   | 5 days                |  |  |  |
|   |  | <i>Penicillin allergy:</i>  |   |                       |  |  |  |
|   |  | Doxycycline<br>(if >12 years old)   | 200 mg stat then<br>100 mg OD   | 5 days                |  |  |  |
|   |  | <b>OR</b>   |   |                       |  |  |  |
|   |  | Clarithromycin<br>(children < 12 years old)   | 500 mg BD<br>(See <a href="#">BNFc</a> )  |                       |  |  |  |
| <b>OR</b>   |  |   |   |                       |  |  |  |
| Erythromycin (preferred if pregnant)  | 250–500 mg QDS   |   |   |                       |  |  |  |
| <b>First line if systemically very unwell, symptoms and signs of a more serious illness or condition, or high risk of complications OR Second line (worsening symptoms on first choice taken for at least 2 to 3 days):</b> |  |   |   |                       |  |  |  |
| Co-amoxiclav  | 625 mg TDS   | 5 days  |   |                       |  |  |  |

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| Condition   | Comments  | Medicine                          | Adult dose   | Duration of treatment |                      |          |                       |             |                       |              |
|---|---|-----------------------------------|--|-----------------------|----------------------|----------|-----------------------|-------------|-----------------------|--------------|
| <b>Acute infective exacerbation of COPD</b> <ul style="list-style-type: none"> <li><a href="#">NICE NG114</a> (2018)</li> <li><a href="#">GOLD</a> (2020)</li> <li><a href="#">RHIG</a> (2020)</li> </ul> | <b>Assessment</b> <ul style="list-style-type: none"> <li>Send Sputum for culture in cases of recurrent or severe exacerbation</li> <li>Consider chest radiograph in cases of severe exacerbation, or the patient is presenting with chest signs or they fail to improve.</li> </ul> <b>Antibiotics are not required</b> for exacerbation <b>without</b> increased sputum purulence<br><b>Consider the need for an antibiotic taking into account:</b> <ul style="list-style-type: none"> <li>Severity of symptoms (particularly increased breathlessness; sputum colour changes and increased volume or thickness beyond normal)</li> <li>Risk of complications</li> <li>Previous sputum culture and susceptibility results</li> <li>Risk of antimicrobial resistance and current antibiotic prophylaxis (treatment should be with an antibiotic from a different class).</li> <li>If CRP testing available (see table below)               <table border="1" style="margin-left: 20px;"> <tr> <td>CRP &lt; 20</td> <td>Antibiotics unlikely to be helpful</td> </tr> <tr> <td>CRP 20–40</td> <td>Consider antibiotics</td> </tr> <tr> <td>CRP &gt; 40</td> <td>Prescribe antibiotics</td> </tr> </table> </li> </ul> | CRP < 20                          | Antibiotics unlikely to be helpful                     | CRP 20–40             | Consider antibiotics | CRP > 40 | Prescribe antibiotics | Doxycycline | 200 mg stat/100 mg OD | 5 days total |
|   |   | CRP < 20                          | Antibiotics unlikely to be helpful                     |                       |                      |          |                       |             |                       |              |
|   |   | CRP 20–40                         | Consider antibiotics                                   |                       |                      |          |                       |             |                       |              |
|   |   | CRP > 40                          | Prescribe antibiotics                                  |                       |                      |          |                       |             |                       |              |
|   |   | <i>If doxycycline unsuitable:</i> |  |                       |                      |          |                       |             |                       |              |
|   |   | Amoxicillin                       | 500 mg TDS   | 5 days                |                      |          |                       |             |                       |              |
| <b>OR</b>   |   |                                   |  |                       |                      |          |                       |             |                       |              |
| Clarithromycin  | 500 mg BD   |                                   |  |                       |                      |          |                       |             |                       |              |
| <i>If patient exposed to antibiotics in the past 3 months or at higher risk of treatment failure:</i>   |   |                                   |  |                       |                      |          |                       |             |                       |              |
| Co-trimoxazole  | 960 mg BD   | 5 days                            |  |                       |                      |          |                       |             |                       |              |
| <b>OR</b>   |   |                                   |  |                       |                      |          |                       |             |                       |              |
| Co-amoxiclav  | 625mg TDS   |                                   |  |                       |                      |          |                       |             |                       |              |
| <b>Upper UTI in children</b> <ul style="list-style-type: none"> <li><a href="#">NICE CG54</a> (2018)</li> </ul>   | Refer all cases to a paediatrician for further investigation.<br>Send pre-treatment MSU for all children with suspected UTI.<br><b>Child &lt; 3 months:</b> refer urgently for assessment.<br><b>Child ≥ 3 months:</b> use positive nitrite to guide antibiotic use.<br>Imaging: only refer if child < 6 months, recurrent or atypical UTI.   | Co-amoxiclav (if susceptible)     | See <a href="#">BNFc</a>                               | 7–10 days             |                      |          |                       |             |                       |              |
|   |   | <b>OR</b>                         |  |                       |                      |          |                       |             |                       |              |
|   |   | Cefalexin                         |  |                       |                      |          |                       |             |                       |              |
| <b>Acute pyelonephritis (upper UTI)</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2021)</li> </ul>   | If admission not needed, send MSU for MC&S and start antibiotics.<br>If no response within 24 hours, admit.<br><b>Refer pregnant women with pyelonephritis to secondary care for IV antibiotics.</b><br><b>Treat according to sensitivities on recent MSU results if available, otherwise treat empirically.</b>  | Cefalexin                         | 500 mg BD or TDS (up to 1 g TDS for severe infections) | 7–10 days             |                      |          |                       |             |                       |              |
|   |   | <b>OR</b>                         |  |                       |                      |          |                       |             |                       |              |
|   |   | Trimethoprim (if susceptible)     | 200 mg BD  | 14 days               |                      |          |                       |             |                       |              |
|   |   | <b>OR</b>                         |  |                       |                      |          |                       |             |                       |              |
|   |   | Co-amoxiclav (if susceptible)     | 625 mg TDS   | 7–10 days             |                      |          |                       |             |                       |              |
|   |   | <b>OR</b>                         |  |                       |                      |          |                       |             |                       |              |
| Ciprofloxacin (consider safety issues – see <a href="#">MHRA advice</a> ).  | 500 mg BD   | 7 days                            |  |                       |                      |          |                       |             |                       |              |

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| Condition   | Comments  | Medicine  | Adult dose   | Duration of treatment   |
|---|---|---|--|---|
| <b>Cellulitis &amp; Erysipelas</b> <ul style="list-style-type: none"> <li>• <a href="#">NICE CKS</a> (2021)</li> <li>• <a href="#">NICE NG141</a> (2019)</li> </ul> | <ul style="list-style-type: none"> <li>• If patient afebrile and healthy other than cellulitis, use oral flucloxacillin.</li> <li>• <b>If river or sea water exposure, discuss with Consultant Microbiologist.</b></li> <li>• If febrile and ill, admit for IV treatment.</li> <li>• <b>Erysipelas:</b> often facial and unilateral. Use flucloxacillin for non-facial erysipelas.</li> <li>• Infection around the eyes or the nose (the triangle from the bridge of the nose to the corners of the mouth, or immediately around the eyes including periorbital cellulitis) is of more concern because of risk of a serious intracranial complication</li> </ul> <p>For active <b>MRSA infection:</b> use antibiotic sensitivities to guide treatment; if severe infection or no response to monotherapy after 24–48 hours, seek advice from Consultant Microbiologist on combination therapy</p> | Flucloxacillin  | 500 mg–1 g QDS<br><br>Use higher doses in obesity (Body Mass Index > 30kg/m <sup>2</sup> ) or severe infections. | 5-7 days<br><br>If slow response, continue for a further 7 days |
|   |   | <i>Penicillin allergy:</i><br>Clarithromycin  | 500 mg BD  |   |
|   |   | <b>OR</b>   |  |   |
|   |   | Doxycycline   | 200 mg stat, then 100 mg OD  |   |
|   |   | <b>OR</b>   |  |   |
|   |   | Erythromycin (if pregnant)  | 500 mg QDS   |   |
|   |   | <i>MRSA known or suspected (check recent cultures and adapt therapy as needed):</i> |  |   |
|   |   | Doxycycline   | 200 mg stat, then 100 mg BD  |   |
|   |   | <b>OR</b>   |  |   |
|   |   | Co-trimoxazole  | 960 mg BD  |   |
| <i>Facial (inside the triangle treat as below – if outside of the triangle treat as above):</i>   |   | 7 days  |  |   |
| Co-amoxiclav  | 625 mg TDS  |   |  |   |
| <b>OR (if penicillin allergic)</b>  |   |   |  |   |
| Clarithromycin  | 500 mg BD   |   |  |   |
| <b>PLUS</b>   |   |   |  |   |
| Metronidazole   | 400 mg TDS  |   |  |   |

| Condition  | Comments   | Medicine   | Adult dose   | Duration of treatment  |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
|--|--|--|--|--|--|------------|---------------------------|---|--------------------|----------|---------------------------|--|--------------------|------------------------------------|---------------------------|---------------------------|--|--|--|--|
| <b>Bites (human/cat/dog)</b> <ul style="list-style-type: none"> <li>• <a href="#">NICE CKS</a> (2020)</li> <li>• <a href="#">NICE NG184</a> (2020)</li> </ul>  | <table border="1"> <thead> <tr> <th>Type of bite</th> <th>Bite has not broken the skin</th> <th>Bite has broken the skin but not drawn blood</th> <th>Bite has broken the skin and drawn blood</th> </tr> </thead> <tbody> <tr> <td>Human bite</td> <td>Do not offer antibiotics.</td> <td>Consider antibiotics if it is in a high-risk area* or if the person is high risk**.</td> <td>Offer antibiotics.</td> </tr> <tr> <td>Cat bite</td> <td>Do not offer antibiotics.</td> <td>Consider antibiotics if the wound could be deep.</td> <td>Offer antibiotics.</td> </tr> <tr> <td>Dog or other traditional pet bites</td> <td>Do not offer antibiotics.</td> <td>Do not offer antibiotics.</td> <td>Offer antibiotics if it has caused considerable, deep tissue damage or is visibly contaminated. Consider antibiotics if it is in a high-risk area* or person at high risk**.</td> </tr> </tbody> </table> | Type of bite   | Bite has not broken the skin   | Bite has broken the skin but not drawn blood   | Bite has broken the skin and drawn blood | Human bite | Do not offer antibiotics. | Consider antibiotics if it is in a high-risk area* or if the person is high risk**. | Offer antibiotics. | Cat bite | Do not offer antibiotics. | Consider antibiotics if the wound could be deep. | Offer antibiotics. | Dog or other traditional pet bites | Do not offer antibiotics. | Do not offer antibiotics. | Offer antibiotics if it has caused considerable, deep tissue damage or is visibly contaminated. Consider antibiotics if it is in a high-risk area* or person at high risk**. |  |  |  |
|  | Type of bite   | Bite has not broken the skin   | Bite has broken the skin but not drawn blood   | Bite has broken the skin and drawn blood   |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
|  | Human bite   | Do not offer antibiotics.  | Consider antibiotics if it is in a high-risk area* or if the person is high risk**.  | Offer antibiotics.   |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
|  | Cat bite   | Do not offer antibiotics.  | Consider antibiotics if the wound could be deep.   | Offer antibiotics.   |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
| Dog or other traditional pet bites   | Do not offer antibiotics.  | Do not offer antibiotics.  | Offer antibiotics if it has caused considerable, deep tissue damage or is visibly contaminated. Consider antibiotics if it is in a high-risk area* or person at high risk**. |  |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
| <p>* High-risk area = hands, feet, face, genitals, skin overlying cartilaginous structures or an area of poor circulation.<br/>                     ** High-risk Person = those at risk of serious wound infection (e.g immunosuppression, asplenia, decompensated liver disease, diabetes).</p>   |  |  |  |  |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
| <p>Increased risk of wound becoming infected due to:</p> <ul style="list-style-type: none"> <li>• Nature of the bite (deep, contaminated wounds; puncture or crush wounds; significant tissue destruction)</li> <li>• Site of injury (e.g. hands, feet, face or genitals; areas of poor perfusion or lymphatic return; or near a prosthetic joint or implant)</li> <li>• Wound penetrating bone, joints, tendons, or vascular structures</li> <li>• Delayed presentation (&gt; 8 hours)</li> <li>• Associated medical conditions (e.g. diabetes mellitus, asplenia, immunocompromised status, chronic liver disease, prosthetic heart valve or joint)</li> <li>• Patient age (neonates, infants and elderly patients are at higher risk of infection).</li> </ul> <p><b>Do not offer antibiotic prophylaxis to people with a human/cat/dog bite that has not broken the skin.</b></p> <ul style="list-style-type: none"> <li>• <b>Human:</b> <ul style="list-style-type: none"> <li>– Thorough irrigation is important.</li> <li>– Assess risk of tetanus, HIV and Hepatitis B and C.</li> </ul> </li> <li>• <b>Cat / Dog:</b> <ul style="list-style-type: none"> <li>– Thorough irrigation is important.</li> <li>– Assess risk of tetanus and rabies.</li> <li>– Antibiotic prophylaxis is advised in the following circumstances: all cat bites; dog bite to hand / foot / face / joint / tendon / ligament; puncture wound; suspected fracture; wounds requiring surgical debridement; wounds that have undergone primary closure; immunocompromised / diabetic / asplenic / cirrhotic / prosthetic heart valve / prosthetic joint / patient at risk of serious wound infection.</li> </ul> </li> <li>• <b>Bat:</b> Urgent treatment required. All patients should be referred to A&amp;E and Public Health Wales Health protection team or the duty virologist (University Hospital of Wales) contacted. Please see <a href="#">PHE guidance (for advice on Rabies)</a> and refer to patients to <a href="#">PHE patient information leaflet</a>.</li> </ul> <p><b>When to offer antibiotics:</b><br/>                     Offer an antibiotic (see the recommendations on choice of antibiotic) for people with a human or animal bite if there are symptoms or signs of infection, such as increased pain, inflammation, fever, discharge or an unpleasant smell.</p> |  | <p><i>Prophylaxis or treatment:</i><br/>                     Co-amoxiclav</p> <p>625 mg TDS</p>  |  | 3 days (prophylaxis)   |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
|  |  | <p><i>Penicillin allergy</i><br/>                     Metronidazole</p> <p><b>PLUS</b><br/>                     Doxycycline (cat / dog / human) (N.B. Not suitable for children &lt; 12 years)</p> | 400 mg TDS   | 5 days (treatment)   |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |
|  |  | <p><i>If child &lt; 12 years</i><br/>                     Co-trimoxazole</p>   | See <a href="#">BNFc</a>   | Course length can be increased to 7 days (with review) based on clinical assessment of the wound, for example, if there is significant tissue destruction or it has penetrated bone, joint, tendon or vascular structures. |  |            |                           |   |                    |          |                           |  |                    |                                    |                           |                           |  |  |  |  |

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| Condition   | Comments   | Medicine  | Adult dose  | Duration of treatment |
|---|--|---|---|-----------------------|
| <b>Acute diverticulitis</b> <ul style="list-style-type: none"> <li><a href="#">NICE NG147</a> (2019)</li> </ul>                                   | <p>People with mild, uncomplicated diverticulitis can be managed at home with paracetamol, clear fluids and antibiotics.</p> <p>For people who are systemically well following clinical assessment consider a 'no antibiotic' prescribing strategy and advise the person to re-present if symptoms persist or worsen.</p>  | Cefalexin<br><br><b>PLUS</b><br>Metronidazole<br><br><b>OR</b><br>Co-amoxiclav<br>(Please note increasing resistance rates. Advise patient to re-present <b>if symptoms persist or worsen</b> ).<br><br><b>OR</b><br>Co-trimoxazole<br><br><b>PLUS</b><br>Metronidazole | 500 mg TDS (up to 1.5 g TDS for severe infections)<br><br>400 mg TDS<br><br>625 mg TDS<br><br>960 mg BD<br><br>400 mg TDS | 5 days                |
| <b>Biliary infection (cholecystitis/ cholangitis)</b> <ul style="list-style-type: none"> <li><a href="#">NICE CKS</a> (2017)</li> </ul>           | <p>Urgent referral to secondary care is recommended for all cases of cholecystitis to assess the need for cholecystectomy.</p> <p>Please note high mortality rate (up to 10%) associated with acute cholecystitis.</p> <p>If you are unable to comply with this advice for any reason, a recommendation for antibiotic treatment for mild cases is outlined alongside.</p> <p>Biliary colic with no associated infection does not require antibiotics.</p> | Cefalexin<br><br><b>PLUS</b><br>Metronidazole<br><br><b>OR</b><br>Co-amoxiclav<br>(Please note increasing resistance rates. Advise patient to re-present <b>if symptoms persist or worsen</b> ).<br><br><b>OR</b><br>Co-trimoxazole<br><br><b>PLUS</b><br>Metronidazole | 500 mg TDS (up to 1.5 g TDS for severe infections)<br><br>400 mg TDS<br><br>625 mg TDS<br><br>960 mg BD<br><br>400 mg TDS | 5–7 days              |
| <b>Epididymo-orchitis</b> <ul style="list-style-type: none"> <li><a href="#">BASHH</a> (2020)</li> <li><a href="#">NICE CKS</a> (2021)</li> </ul> | <p>Usually due to Gram-negative enteric bacteria in men over 35 years with low risk of STI.</p> <p>If under 35 years old or STI risk, refer to GUM for additional intramuscular (IM) ceftriaxone treatment. Use of an oral cephalosporin instead of IM preparations is not recommended due to increasing resistance.</p>   | <b>If over 35 years with low risk STI:</b><br>Levofloxacin<br>(consider safety issues – see <a href="#">MHRA advice</a> ).<br><br><b>OR</b><br>Co-amoxiclav<br>(If quinolones are contra-indicated)   | 500 mg OD<br><br>625 mg TDS   | 10 days               |

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| Condition  | Comments   | Medicine     | Adult dose | Duration of treatment |
|--|--|--------------|------------|-----------------------|
| <b>Non-lactational mastitis</b><br><ul style="list-style-type: none"> <li>• <a href="#">NICE CKS</a> (2021)</li> </ul> | <ul style="list-style-type: none"> <li>• Refer to <a href="#">NICE CKS</a> for self-care advice to manage pain and discomfort.</li> <li>• <i>Staphylococcus aureus</i> is the most common infecting pathogen.</li> <li>• Suspect if woman has a painful breast, fever/general malaise, a tender/red breast.</li> <li>• <b>Breastfeeding:</b> oral antibiotics are appropriate where indicated; women should continue feeding, including from the affected breast.</li> </ul> <p>In lactational mastitis - prescribe an oral antibiotic if the woman has a nipple fissure that is infected, symptoms have not improved (or are worsening) after 12–24 hours despite effective milk removal.</p> | Co-amoxiclav | 625mg TDS  | 10–14 days            |

### Method

Assess a reasonable sample of records per prescriber with prescription of co-amoxiclav against national guidelines (see section on [Sample size](#)). Start the searches using a 3-month window and extend it if necessary to reach the required number of cases.

Following the audit, complete the [Review Sheet](#).



## 5.4 Clindamycin prescribing

### Background

AWMSG NPI: 4C items per 1,000 patients

### Information from AWMSG Primary Care Antimicrobial Guidelines:

| Condition  | Comments   | Medicine                          | Adult dose                 | Duration of treatment |  |
|--|--|-----------------------------------|----------------------------|-----------------------|--|
| <b>Bacterial vaginosis</b> <ul style="list-style-type: none"> <li>• <a href="#">BASHH</a> (2012)</li> <li>• <a href="#">NICE CKS</a> (2018)</li> </ul> | <ul style="list-style-type: none"> <li>• Oral metronidazole is as effective as topical treatment and is cheaper.</li> <li>• Less relapse with 7 days' treatment than 2 g stat at 4 weeks.</li> <li>• Treating partners does not reduce relapse.</li> </ul> | Oral metronidazole                | 400 mg BD                  | 7 days                |  |
|  |  |                                   | <i>or</i>                  |                       |  |
|  |  |                                   | 2 g                        | stat                  |  |
|  |  | <b>OR</b>                         |                            |                       |  |
|  |  | Metronidazole 0.75% vaginal gel   | 5 g applicatorful at night | 5 nights              |  |
|  |  | <b>OR</b>                         |                            |                       |  |
|  |  | Clindamycin 2% cream              | 5 g applicatorful at night | 7 nights              |  |
|  |  | <b>Pregnant or breastfeeding:</b> |                            |                       |  |
|  |  | Oral metronidazole                | 400 mg BD                  | 7 days                |  |
|  |  | <b>OR</b>                         |                            |                       |  |
| Metronidazole 0.75% vaginal gel  | 5 g applicatorful at night   | 5 nights                          |                            |                       |  |
| <b>OR</b>  |  |                                   |                            |                       |  |
| Clindamycin 2% cream   | 5 g applicatorful at night   | 7 nights                          |                            |                       |  |

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| Condition   | Comments   | Medicine  | Adult dose                      | Duration of treatment  |
|---|--|---|---------------------------------|--|
| <b>Acne vulgaris</b> <ul style="list-style-type: none"> <li><a href="#">NICE NG198</a> (2021)</li> <li><a href="#">NICE CKS</a> (2021)</li> </ul> | <p>Minocycline is not recommended.</p> <p>Do not use the following to treat acne:</p> <ul style="list-style-type: none"> <li>monotherapy with a topical antibiotic</li> <li>monotherapy with an oral antibiotic</li> <li>a combination of a topical antibiotic and an oral antibiotic.</li> </ul> <p>Some people may not require treatment with topical or oral antibiotics, please refer to <a href="#">NICE</a> guidelines for all treatment recommendations.</p> <p>When choosing a first line treatment option take into account the severity of the acne, the person's preferences, and discuss the advantages and disadvantages of the various treatment options. When discussing treatment choices with a person with childbearing potential, cover that topical retinoids and oral tetracyclines are contraindicated during pregnancy and when planning a pregnancy and that they will need to use effective contraception, or choose an alternative treatment to these options.</p> <p>Discuss the importance of completing the course of treatment as positive effects can take 6 to 8 weeks to become noticeable.</p> <p>Consider referring people to a consultant dermatologist-led team if their acne of any severity, or acne-related scarring, is causing or contributing to persistent psychological distress or a mental health disorder.</p> <p>If a person receiving treatment for acne wishes to use hormonal contraception, consider using the combined oral contraceptive pill in preference to the progestogen-only pill.</p> <p>For people with polycystic ovary syndrome and acne; treat their acne using one of the treatment options listed here. If the chosen first-line treatment is not effective, consider adding ethinylestradiol with cyproterone acetate (co-cyprindiol) or an alternative combined oral contraceptive pill to their treatment.</p> <p>Only continue a treatment option that includes an antibiotic (topical or oral) for more than 6 months in exceptional circumstances. Review at 3-monthly intervals, and stop the antibiotic as soon as possible. Topical or oral antibiotics are not recommended for maintenance treatment.</p> <p>Oral antibiotics only recommended for <a href="#">moderate to severe acne</a>.</p> | <b>Any acne severity:</b><br><br>Fixed combination of topical tretinoin (0.025%) with topical clindamycin (1%)                | Apply once daily in the evening | 12 weeks then review. If acne fails to respond adequately consider alternative topical treatment choice.   |
|   |  | <b>Mild to moderate acne:</b><br><br>Fixed combination of topical benzoyl peroxide (3% or 5%) with topical clindamycin (1%)   | Apply once daily in the evening | 12 weeks then review. If acne fails to respond adequately consider alternative topical treatment choice. If acne fails to respond adequately to 2 different 12 week courses of treatment options, consider referral to dermatology.  |
|   |  | <b>Moderate to severe acne:</b><br>Fixed combination of topical adapalene (0.1% or 0.3%) with topical benzoyl peroxide (2.5%) | Apply once daily in the evening | 12 weeks then review. If the acne has completely cleared, consider stopping the antibiotic but continuing the topical treatment. If their acne has improved but not completely cleared, consider continuing the oral antibiotic, alongside the topical treatment, for up to 12 more weeks. If acne fails to respond adequately consider referral to dermatology. |
|   |  | <b>OR</b>   |                                 |  |
|   |  | Azelaic acid (15% or 20%)   | Apply twice daily               |  |
|   |  | <b>PLUS</b>   |                                 |  |
|   |  | Doxycycline   | 100 mg OD                       |  |
| <b>OR</b>   |  |   |                                 |  |
| Lymecycline   | 408 mg OD  |   |                                 |  |
| <b>OR</b>   |  |   |                                 |  |
| Erythromycin (If tetracycline contraindication)   | 500 mg BD  |   |                                 |  |

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| Illness   | Comments   | Medicine   | Adult dose       | Duration of treatment                     |           |  |
|---|--|--|------------------|---|-----------|--|
| <b>Cellulitis in patients with lymphoedema</b> <ul style="list-style-type: none"> <li><a href="#">Lymphoedema Wales (2022) – Note: currently only accessible to staff within NHS Wales</a></li> </ul> | <p>All patients with lymphoedema / chronic oedema and cellulitis should be referred to the Lymphoedema Service.</p> <p>Please refer to <a href="#">Cellulitis Pathway for People with Lymphoedema or Chronic Oedema in NHS</a> (Note: this is currently only available for staff within NHS Wales) for further information.</p> <p>Be aware that skin can take some time to return to what is normal for the patient.</p> <p>Consider steroid emollient if there are signs of inflammation after antimicrobial treatment.</p> <p>Consider cellulitis prophylaxis in patients with &gt; 2 episodes of cellulitis in the past 12 months affecting limbs only.</p>  | Flucloxacillin   | 500 mg – 1g QDS  | 7–14 days                                 |           |  |
|   |  | <b>Penicillin allergy:</b>   |                  |   |           |  |
|   |  | Clarithromycin   | 500 mg BD        |   |           |  |
|   |  | <b>No improvement in cellulitis after initial course of antibiotics:</b> |                  |   |           |  |
|   |  | Clindamycin  | 300–450 mg QDS   |   |           |  |
| <b>Dental abscess</b> <ul style="list-style-type: none"> <li><a href="#">Scottish Dental Clinical Effectiveness Programme</a> (2021)</li> </ul>   | <ul style="list-style-type: none"> <li>Regular analgesia should be first option until a dentist can be seen for urgent drainage, as repeated courses of antibiotics for abscess are not appropriate. Repeated antibiotics alone, without drainage, are ineffective in preventing spread of infection.</li> <li>Antibiotics are recommended if there are signs of severe infection, systemic symptoms or high risk of complications.</li> <li>Severe odontogenic infections (defined as: cellulitis plus signs of sepsis; difficulty in swallowing; impending airway obstruction; or Ludwig’s angina), should be referred urgently for hospital admission to protect airway, achieve surgical drainage and IV antibiotics.</li> <li>The empirical use of cephalosporins, co-amoxiclav, clarithromycin, and clindamycin do not offer any advantage for most dental patients and should only be used if no response to first-line drugs when referral is the preferred option.</li> <li>If pus is present, this should be drained by a dentist by incision, tooth extraction or via root canal and a sample sent to microbiology.</li> <li><b>True penicillin allergy:</b> use clarithromycin and if severe infection, refer to hospital.</li> <li><b>If spreading infection</b> (lymph node involvement, or systemic signs i.e. fever or malaise): ADD metronidazole.</li> </ul> | Amoxicillin  | 500 mg – 1 g TDS | Up to 5 days. Review at 3 days.           |           |  |
|   |  | <b>OR</b>  |                  |   |           |  |
|   |  | Phenoxyethylpenicillin   | 500 mg – 1 g QDS |   |           |  |
|   |  |  |                  | <b>Penicillin allergy:</b>                |           |  |
|   |  |  |                  | Clarithromycin                            | 500 mg BD |  |
|   |  |  |                  | <b>Severe infection (see ‘Comments’):</b> |           |  |
|   |  |  |                  | <b>ADD</b> Metronidazole                  | 400mg TDS |  |
|   |  | <b>OR</b>  |                  | 5 days                                    |           |  |
|   |  | (if allergy to metronidazole): Clindamycin monotherapy                   | 300mg QDS        |   |           |  |

Clindamycin may also be required in response to sensitivity results where a preferred agent is not suitable due to resistance.



## 6.0 Review of patients on long-term antibiotics

### Background

AWMSG NPI: Antibacterial items per 1,000 STAR-PUs

The development of antibiotic NPIs supports one of the core elements of the Welsh Antimicrobial Resistance Programme: to inform, support and promote the prudent use of antimicrobials.

**As this review may result in the need to amend the medication of individual patients, if the audit is undertaken by an external auditor, agreement to undertake the review must be obtained from the practice before commencing. Any changes to a patient's medication must be agreed by the practice prior to implementing the changes.**

This audit is based on the 'Review of patients on long-term antibiotics' audit originally developed in Hywel Dda University Health Board.

### Aims

- To promote the safe and appropriate prescribing of long-term antibiotics for patients in primary care.
- To aid the appropriate prescribing of long-term antibiotics for patients, encouraging practices to examine their prescribing in line with the current evidence base and current guidelines.
- To reduce the risk of patients developing *C.difficile* infection.
- To reduce the risk of patients acquiring antibiotic resistant organisms.
- To ensure that patients initiated on long-term antibiotic are reviewed at 6 months to discourage inappropriate prescribing, and to minimise long-term repeat prescriptions.
- To identify prescribing practice for individual patients, and change where appropriate.

### Method

- A patient search should be designed and run to identify patients with antibiotics on repeat in the last 6 months.
- The search should include:
  - patients over 18 years of age with repeat issue antibiotics in the last 6 months.
- Patients identified using the search, except those included in the exclusion criteria, should have a data from completed.
- A review should be carried out twelve months from the date of the last audit.

### Exclusion/Referral Criteria

The patient's medical history must be reviewed in order to exclude:

- Patients under 18 years
- Patients who have had a splenectomy
- Patients on azithromycin prophylaxis for respiratory tract infection
- Patients on rifaximin for prevention of hepatic encephalopathy

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- Patients on demeclocycline for syndrome of inappropriate antidiuretic hormone secretion (SIADH)
- Haematology/Oncology patients on prophylaxis under specialist advice
- Patients on antibiotic prophylaxis for recurrent cellulitis in lymphoedema
- Patients on long-term treatment with antibiotics that are currently under the care and review of a specialist
- Patients who have not received a repeat prescription within the last 6 months, to eliminate one-off repeat prescriptions from previous history.

### Good practice points

- Refer to [local antibiotic guidelines](#) where appropriate.
- All long-term antibiotics should be followed up at 6-monthly intervals to confirm effectiveness, or sooner if clinically indicated.
- **Check culture results for any recent resistance to inform the choice of antibiotic.** For patients with previous multi-drug resistant (MDR) organisms, seek advice from Microbiology.
- Regular antibiotics may have adverse effects.
- Any medically significant adverse drug reactions to long-term antibiotics should be reported via the Yellow Card Scheme. Information on how to submit a Yellow Card can be found online at [yellowcard.mhra.gov.uk/](http://yellowcard.mhra.gov.uk/).

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### Data collection sheet

|  |  |                          |                        |                          |                               |
|--|--|--------------------------|------------------------|--------------------------|-------------------------------|
| <b>Name:</b>   |  |                          |                        |                          |                               |
| <b>Date of birth:</b>  |  |                          |                        |                          |                               |
| <b>Antibiotic prescribed (including dose, quantity &amp; frequency):</b>   |  |                          |                        |                          |                               |
| <b>Date initiated:</b>   |  |                          |                        |                          |                               |
| <b>Indication:</b>   |  |                          |                        |                          |                               |
| <b>Has the indication been coded in the clinical system?</b>   | <b>Yes:</b>  | <input type="checkbox"/> | <b>No:</b>             | <input type="checkbox"/> |                               |
| <b>Initiated by:</b>   | <b>Primary care:</b>   | <input type="checkbox"/> | <b>Secondary care:</b> | <input type="checkbox"/> | <b>Other (please specify)</b> |
| <b>Has there been adequate regular monitoring for the chosen antibiotic?</b><br>(See AWMSG Primary Care Antimicrobial Guidelines for guidance on recurrent UTI, and refer to summary of product characteristics/BNF) | <b>Yes:</b>  | <input type="checkbox"/> | <b>No:</b>             | <input type="checkbox"/> |                               |
| <b>Has the patient been counselled on the risk of long-term antibiotic treatment?</b>  | <b>Yes:</b>  | <input type="checkbox"/> | <b>No:</b>             | <input type="checkbox"/> |                               |
| <b>Has there been a review in the last 6 months?</b>   | <b>Yes:</b>  | <input type="checkbox"/> | <b>No:</b>             | <input type="checkbox"/> |                               |
| <b>Is the chosen antibiotic appropriate according to renal or hepatic function?</b>  | <b>Yes:</b>  | <input type="checkbox"/> | <b>No:</b>             | <input type="checkbox"/> |                               |
| <b>Comments (tick as appropriate)</b>  |  |                          |                        |                          |                               |
| <input type="checkbox"/>   | Continue if clear indication for treatment and ensure there is appropriate monitoring and review of therapy at 6 months.   |                          |                        |                          |                               |
| <input type="checkbox"/>   | If no clear indication and started in primary care, review antibiotic use now; consider other options such as stand by antibiotics. Contact microbiology for advice if required. |                          |                        |                          |                               |
| <input type="checkbox"/>   | <input type="checkbox"/>   | Discontinue              |                        |                          |                               |
| <input type="checkbox"/>   | <input type="checkbox"/>   | Stand-by antibiotic      |                        |                          |                               |
| <input type="checkbox"/>   | <input type="checkbox"/>   | Change of antibiotic     |                        |                          |                               |
| <input type="checkbox"/>   | Refer back or contact secondary care/initiating prescriber for advice.   |                          |                        |                          |                               |
| <input type="checkbox"/>   | Other (please provide details):  |                          |                        |                          |                               |
| GP comment (rationale for decision):   |  |                          |                        |                          |                               |

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### Audit Summary Sheet

An Excel version of this data collection sheet is available on the [AWTTC website](#).

|   | Number | Percentage of practice population |
|---|--------|-----------------------------------|
| Practice list size.                         |        | <b>100%</b>                       |
| Number of patients on long-term antibiotic. |        |                                   |

|   |              | Number | Percentage of the audit sample | Suggested audit standard |
|---|--------------|--------|--------------------------------|--------------------------|
| Sample size (i.e. number of patients on long term antibiotic included in the audit).  |              |        | 100%                           |                          |
| Number of patients (by age)   | 18–40 years  |        |                                |                          |
|   | 41–60 years  |        |                                |                          |
|   | 61–80 years  |        |                                |                          |
|   | 81–100 years |        |                                |                          |
|   | 100+ years   |        |                                |                          |
| Number of prescriptions initiated in primary care.                                    |              |        |                                |                          |
| Number of patients with adequate regular monitoring for the chosen antibiotic.        |              |        |                                | <b>100%</b>              |
| Number of patients counselled on the risk of long-term antibiotic treatment.          |              |        |                                | <b>100%</b>              |
| Number of patients with a documented review in the last 6 months.                     |              |        |                                | <b>100%</b>              |
| Number of patients where the dose is appropriate according to renal/hepatic function. |              |        |                                | <b>100%</b>              |

## 7.0 Feedback forms

### 7.1 Review sheet

This review sheet is to be completed and included alongside any relevant data collection sheets.

1. How do the results of the data collection compare with the standards set?
2. What discussion/activities were undertaken as a result of the audit?
3. Provide a summary of the discussion and of the changes it has been agreed to implement as a result of this audit.

#### **Audit cycle**

Prescribers are reminded that a second data collection in comparison with the standards set will support the identification of quality improvement. (See next page for document to support revalidation for your own records.)

Is a second data collection of selected criteria planned? If so, which criteria have been selected?

This audit was completed by:

Name(s):

Signature(s):

Location (name and address):

Please forward the response sheet to [awttc@wales.nhs.uk](mailto:awttc@wales.nhs.uk) if you would like to share your findings with the All Wales Therapeutics and Toxicology Centre. Responses will be treated anonymously and used to enable the identification of key learning points, and inform the ongoing development of the audit pack.

## All Wales Medicines Strategy Group

### Glossary

|          |  |
|----------|--|
| AWMSG:   | All Wales Medicines Strategy Group                                 |
| BASHH:   | British Association for Sexual Health and HIV                      |
| BD:      | Twice-daily;   |
| BNF:     | British National Formulary   |
| BNFc:    | British National Formulary for children                            |
| CCG:     | Clinical Commissioning Group                                       |
| CEPP:    | Clinical Effectiveness Prescribing Programme                       |
| CKS:     | Clinical Knowledge Summary   |
| COPD:    | Chronic obstructive pulmonary disease                              |
| CRP:     | C-reactive protein   |
| ECDC:    | European Centre for Disease Prevention and Control                 |
| ESCMID:  | European Society for Clinical Microbiology and Infectious Diseases |
| eGFR:    | Estimated glomerular filtration rate                               |
| GMC:     | General Medical Council  |
| GOLD:    | Global Initiative for Chronic Obstructive Lung Disease             |
| GUM:     | Genitourinary medicine   |
| HCAI:    | Healthcare-acquired infection                                      |
| IM:      | Intra-muscular   |
| IV:      | Intra-venous   |
| MC&S:    | Microscopy, culture and sensitivity                                |
| MHRA:    | Medicines and Healthcare products Regulatory Agency                |
| M/R:     | Modified-release   |
| MRSA:    | Methicillin-resistant <i>Staphylococcus aureus</i>                 |
| MSU:     | Mid-stream sample of urine   |
| NICE:    | National Institute for Health and Care Excellence                  |
| NNT:     | Number needed to treat   |
| NPI:     | National Prescribing Indicator                                     |
| OD:      | Once-daily   |
| PHE:     | Public Health England  |
| PO:      | By mouth (per os)  |
| QDS:     | Four times a day   |
| RCGP:    | Royal College of General Practitioners                             |
| RHIG:    | Respiratory Health Implementation Group                            |
| SIGN:    | Scottish Intercollegiate Guidelines Network                        |
| SPIRA:   | Server for Prescribing Information Reporting and Analysis          |
| STAR-PU: | Specific therapeutic group age–sex related prescribing units       |
| TARGET:  | Treat Antibiotics Responsibly, Guidance, Education and Tools       |
| TDS:     | Three times a day  |
| UTI:     | Urinary tract infection  |

### References

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### Updates

| Date of update publication | Details of update   |
|----------------------------|---|
| April 2023                 | Updated 'Antibiotic prescribing for acute rhinosinusitis' and 'Co-amoxiclav prescribing' audit sections to align with updates made to the 'Primary care antimicrobial guidelines' document. |
| August 2024                | Acute cough, bronchitis updated to align with NICE guidance.<br>Acute sore throat updated to align with NICE guidance.  |
| April 2025                 | Acute rhinosinusitis section updated to align with NICE guidance.   |