



Best Practice Day 2025

Wednesday 2nd July 2025

All Nations Centre, Sachville Road, Cardiff CF14 3NY

Registration and coffee from 9.00 am - Close at 4.00 pm

- 9.30 am **Welcome and introduction**
Dr Laurence Gray - Chair All Wales Prescribing Advisory Group
- 9.35 am **Medicines safety: Who is responsible?**
Emeritus Professor Phil Routledge - School of Medicine, Cardiff University
- 9.50 am **Safety considerations for prescribing injectable weight loss medication**
Dr Helen Cordy - Consultant in Chemical Pathology with Metabolic Medicine, Cardiff & Vale UHB
- 10.35 am **Propranolol is problematic: The harms of prescribing propranolol and what we can do to make it safer for our patients**
Dr Emma Morrison - Consultant in Clinical Pharmacology, Royal Infirmary of Edinburgh
Dr Laurence Gray - Consultant in Clinical Pharmacology, Cardiff & Vale UHB
- 11.15 am **Coffee**
- 11.40 am **Problematic polypharmacy: Shifting the narrative**
Lelly Oboh - Consultant Pharmacist, Guys and St Thomas' NHS Trust
& Clinical and Professional Lead for Overprescribing, South East London ICB
- 12.40 pm **Close of morning session**
Dr Laurence Gray
- 12.45 pm **Lunch and poster walk**
- 1.30 pm **Poster competition - awards**
Presented by Emeritus Professor Phil Routledge
- 1.45 pm **Breakout session 1**
- 2.10 pm **Breakout session 2**
- 2.30 pm **Coffee**
- 3.00 pm **Breakout session 3**
- 3.25 pm **Breakout session 4**
- 3.45 pm **Summary and close**
Dr Laurence Gray