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Clinical Expert Summary Desmopressin acetate (Noqdirna[®]) 25 microgram and 50 microgram oral lyophilisate

Desmopressin acetate (Noqdirna[®]) for the treatment of nocturia due to idiopathic nocturnal polyuria in adults.

1. Existing guidelines

No guidelines were referred to for the treatment of nocturia due to idiopathic nocturnal polyuria in adults.

2. Disease prevalence/incidence

One expert said that around 10% of their patients would be eligible for treatment; however, they did not refer to specific numbers of patients.

3. Current treatment options

Lifestyle modifications were referred to, including fluid restriction for at least 4 hours before going to bed. It was reported that frusemide 40 mg given early in the afternoon may be used if there is nocturnal polyuria and leg oedema. Other treatments mentioned include a trial of an antimuscarinic agent or mirabegron, and medical or surgical treatment of any co-existing urological problems such as detrusor overactivity or bladder outlet obstruction.

4. Unmet needs

It was reported that there is no effective treatment for nocturia due to idiopathic nocturnal polyuria.

5. Knowledge of product in given indication

It was stated that desmopressin acetate (Noqdirna[®]) could be given as first-line treatment together with advice on lifestyle modifications, such as fluid restriction for at least 4 hours before going to bed.

It should be noted that the experts involved in compiling this response declared no interests in relation to desmopressin acetate (Noqdirna[®]) for the indication under consideration.